



1. Preheat oven to 170c.
2. On a medium heat melt the butter.
3. Add the syrup and apples and then add the porridge oats one third at a time and mix well.
4. Add the raisins and plums and fold in carefully.
5. Transfer the mixture onto a lined baking tray and press down so it is flat and compact.
6. Bake for 20 minutes.
7. Remove from the oven and leave to cool.
8. Cut into squares and enjoy 😊