

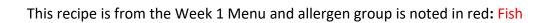






STAR RECIPE: FISH TACOS (Makes 10)









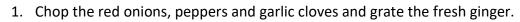


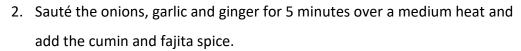






Method





- 3. Add the peppers to the pan and continue to sauté for another 3-4 minutes.
- 4. Mix in the chopped tomatoes and keep cooking for a further 20 minutes until the liquid reduces down.
- 5. Chop the fresh coriander and add it to the pan with the steamed pollock and kidney beans.

