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This recipe is from the Week 3 Menu and the allergen group is noted in red: Gluten



500g strong flour	20g dried yeast
20g salt	100ml olive oil
250g pitted olives (chopped)	400ml tepid water
1 punnet of cherry tomatoes (halved)	

Method

- 1. Place the flour, salt, yeast, olive oil and 300ml of the water into a large bowl.
- 2. Gently stir with your hand or a wooden spoon to form a dough then knead the dough in the bowl for five minutes, gradually adding the remaining water.
- 3. Once combined add the olives and the tomatoes.
- 4. Drizzle olive oil onto a surface and tip the dough onto it.
- 5. Knead the dough for 5 minutes
- 6. Return the dough to the bowl and cover.
- 7. Leave the dough until it has doubled in size.
- 8. Preheat the oven to 200c
- 9. Divide the dough into three equal portions and place onto a lined tray using your fingers press down on the dough until the tray is fully covered.
- 10. Make dents with your fingers all around the dough and drizzle with olive oil.
- 11. Place in the oven and bake for 20 mins.

Serve hot or cold and enjoy 🚱



















