

Individual Activity Lesson Plan

Date: 30th March 2020

Activity Title: Fruit Printing (Theme- 'The Very Hungry Caterpillar' story)

Learning Intention:

Communication and Language: Speaking

To use different types of everyday words (nouns, verbs and adjectives, e.g. tiny, big, healthy, sleep, eat-ate, print, stamp, caterpillar, butterfly, fork, food, fruit).

Links to EYFS:

Communication and Language: Speaking

To use different types of everyday words (nouns, verbs and adjectives).

Activity Overview:

The children will make marks on a piece of paper, by printing fruit from the story of 'The Very Hungry Caterpillar'.

Equipment:

- Forks
- Apron
- Different colour paints
- Paper (any colour)
- Trays, plates.
- Fruit (if possible, the same fruit as the story of "The Very Hungry Caterpillar"- apple, pears, plums, strawberries, oranges.



Key vocabulary:

tiny, big, fat, beautiful, healthy, sleep, eat-ate, print, stamp, squeeze, egg, caterpillar, butterfly, cocoon, fork, food, fruit, colour names.

ACTIVITY IMPLEMENTATION (including key question)

Introduction:

- Read the story of 'The Very Hungry Caterpillar' to your child, or watch the video on the nursery portal.
- Talk about which fruit appears in the story: *"Can you tell me the name of this fruit?"*
- Ask your child to count the fruits and recall when the caterpillar ate them. *"How many oranges can you see?", "Which day did the caterpillar eat an apple?"*
- Talk about the life cycle of a butterfly using the story: *'Out of the egg came a tiny and very hungry caterpillar. He ate lots of food and it wasn't tiny anymore, it was a big fat caterpillar! So he made a house called cocoon and stayed there for more than two weeks. Then he nibbled a hole in the cocoon, pushed his way out and he turned into a beautiful butterfly!'*

Main Activity:

- Gather the resources you need for this activity (see equipment above)
- Squeeze the coloured paint into the trays/plates (ideally colours of the different fruits)
- Place the available fruit into the paint and let your child make marks on a piece of paper, by dipping the fruit and then lifting it to print onto paper.
- If your child doesn't want to touch the paint, invite them to use a fork to hold the fruit and dip it into the paint.



Activity review:

Ask your child what their favourite fruit or vegetable is. Discuss the fruit/vegetable and focus on colour, taste and smell.

Additional ways to support your child:

Help your child to name the fruit that they are using to make marks, and support them to recognise the colour. Then encourage your child to put two words together: "green pear".

Extension:

Find healthy/unhealthy food around your house and challenge your child to sort them accordingly. For example, apple= healthy; 'bag of crisps = unhealthy. Talk to your child about the importance of eating healthily and how we sometimes eat unhealthy food as a treat.