Individual Activity Lesson Plan



Date: Tuesday 31 st March 2020		
Activity Title: Vegetable Fruit Faces		
Learning Intention: To combine different media to create an effect. Links to EYFS: Understands that different media can be combined to create new effects. (Expressive Arts and Design).	Activity Overview: Make faces out of fruits and vegetables.	
Resources:	Key vocabulary: Vegetables, Fruits,	
-Tray/plate	strawberries, oranges, lettuce, blueberries,	
-Vegetables	broccoli, cucumbers, asparagus, leeks, onions,	
-Fruits	baby potatoes, Irish potatoes, similarities,	
-Video link: "Grow, little seed grow."	differences, compare, texture, rough, smooth,	
(https://www.youtube.com/watch?v=GTQuEZNp5Ds).	spikey, etc.	

ACTIVITY IMPLEMENTATION (including key questions)

Introduction:

- *Ask: What do seeds need to help them grow into plants?
- *If possible, play the video entitled "Grow, little seed grow."
- *Remind your child that the fruits and vegetables you are about to use were once seeds.
- *Invite your child to compare the fruits and vegetables, noting similarities and differences.
- *Why do seeds need water/soil/sunlight to grow?
- *I wonder what would happen if there was no sunlight but only water and soil, would the seed still grow?
- *Which vegetables are similar? How are they similar?

Main Activity:

- *Inform your child that they are going to make a face using vegetables and fruits.
- *Encourage your child to look in the mirror and observe their facial features.
- *Model your observations of your features:
- "I have two brown eyes and two dark eyebrows. I have one mouth but two lips. What else is on my face? I have one beauty spot on the right side of my face. What else can I see? My nose, of course. I have one nose, but two nostrils for breathing. I have curly hair, like spaghetti."
- *I wonder which vegetables or fruits you will use for your eyes?
- *Where can we put this vegetable or fruit on your face?
- *Encourage your child to be as independent as possible, when carrying out the activity.

Challenge:

*Encourage your child to explain their reasoning and share why they have used certain fruits or vegetables for different features.

Additional ways to support your child:	Extension:
-Have a mirror close by, or a device which has access	-Invite your child to choose a fruit or vegetable of their
to the camera feature so that your child can refer to	choice. Once chosen, discuss the lifecycle of the fruit
their facial features.	or vegetable.