



Individual Activity Lesson Plan

Spring/Growing

Date: Tuesday 31st March 2020	
Activity Title: Spring Pond (water play)	
Learning Intention: Physical Development: Moving and Handling To show control in holding and using cups, spoons and jugs to pour.	Activity Overview: Practise hand eye-coordination by playing in a spring pond, using different sized bottles, spoons, cups and jugs.
Links to EYFS: Physical Development: Moving and Handling To show control in holding and using cups, spoons and jugs to pour.	
Resources: <ul style="list-style-type: none"> ❖ Water Tray/Bathtub ❖ Different sized of cups, empty bottles, spoons, jugs ❖ Natural leaves ❖ Slices of orange, lemon and cucumber ❖ Water ❖ Food colouring (optional) ❖ Scent (optional) ❖ Water apron (if available) ❖ Towel 	Key vocabulary: Pour, scoop, stir, smell, full, half, empty, big, small, Spring, season, lemon, orange, cucumber, petals, flower, leaves.
ACTIVITY IMPLEMENTATION (including key questions)	
Introduction: <ul style="list-style-type: none"> ❖ Discuss seasons. Explain there are four seasons: spring, summer, autumn and winter. ❖ <i>Which season are we in now?</i> ❖ Talk about signs of spring (this is a great discussion to have outside/on a walk). ❖ Click on the link below to listen to the song “Spring is Here”: https://www.youtube.com/watch?v=DobrRgD5aOU 	
Main Activity: <ul style="list-style-type: none"> ❖ Gather the resources you need for this activity (listed above) ❖ Fill the water tray up with warm water. ❖ Add the different sized bottles, cups and jugs to the water tray. ❖ Add the lemons, oranges and petals. ❖ Invite your child to engage in sensory/exploratory play with the resources. 	
Challenge: Ask your child questions such as: <ul style="list-style-type: none"> ❖ Can you pour fast/slow? ❖ Can you show me how to pour water from the bottle into the cup? ❖ Can you find a small/big cup/jug/spoon? ❖ What do the lemons and oranges smell like? 	
Additional ways to support your child: Model how to hold a cup/jug properly and how to pour without spilling water.	Extension: Give your child a small jug with water and let them pour their own water at meal times.