## **Daily Activity Planner**



Date: Tuesday 31 <sup>st</sup> March 2020		
Time	Area of Learning	Activity
9:00-9:15am	"Days of	the Week" song/"What's the Weather like Today?" song
9:15-9:45am	Expressive Arts & Design	Making a Rain Stick: Use a variety of resources to make a rain stick.
Snack (09:45am – 10:00am)		
Outdoor/ Indoor free play (10:00am- 10:30am)		
10.30-10.45pm	Golden Rules Stories: "Well Done Zelda Zebra. You are Gentle".  Discuss why it's important to be gentle: "Why do we use gentle hands?"  (watch video link)	
10.45-11.00pm	Physical Development	Spring Pond (water play): Practise hand eye-coordination by playing in a spring pond, using different sized bottles, spoons, cups and jugs.
Tidy up/Wash hands 11:00pm – 11:15pm		
Lunch 11:15pm – 12:00pm (see today's suggested recipe)		
Sleep 12:00pm- 13.30pm		
13.45-14.15pm	Communication & Language	Hungry Caterpillar Fruit Kebabs:  Make Hungry Caterpillar fruit kebabs using green grapes and red cherry tomatoes.
Snack (14:15am – 14:45am)		
Outdoor/ Indoor free play (14:45am- 15:15am)		
15.15-15.30pm		Cosmic Yoga 'The Very Hungry Caterpillar' story
Challenge of the Week:	"Can you name the basic parts of a flower?"	
Links:	Activities:  'The Very Hungry Caterpillar' story- Video link  Mindful moment:  Video link  Daily Songs:  "Days of the Week"/"The Weather Song"- Video link  You tube:  - Rain stick sound:  https://www.youtube.com/watch?v=-pRH2QvOkd4  - Spring song: https://www.youtube.com/watch?v=DobrRgD5aOU  - Cosmic Yoga: https://www.youtube.com/watch?v=xhWDiQRrC1Y	
Book of The Week	'The Very Hungry Caterpillar' by Eric Carle	