

# Individual Activity Lesson Plan

<b>Date:</b> Friday 1 <sup>st</sup> May 2020	
<b>Activity Title:</b> Veggies of the Week	
<b>Learning Intention:</b> <ul style="list-style-type: none"> <li>To listen to a story and 'make notes'.</li> </ul>	<b>Activity Overview:</b> Listen to the focus story and note down which vegetable Oliver ate on each day.
<b>Links to EYFS:</b> <b>Communication and Language / Literacy:</b> <ul style="list-style-type: none"> <li>Listens to stories with increasing attention and recall.</li> </ul> <b>Mathematics:</b> <ul style="list-style-type: none"> <li>Understands some talk about immediate past and future, e.g. 'before', 'later' or 'soon'.</li> </ul>	
<b>Resources:</b> <ul style="list-style-type: none"> <li>Storybook - <i>Oliver's Vegetables</i> by Vivian French (if you don't have the book, use the following video link: <a href="https://www.youtube.com/watch?v=BTYoaJY7k-Q">https://www.youtube.com/watch?v=BTYoaJY7k-Q</a>)</li> <li>Printed out template – Veggies of the Week (if a printer is unavailable, you can use it as an example to create your own timetable)</li> <li>Scissors, glue, crayons</li> </ul>	
<b>ACTIVITY IMPLEMENTATION (including key questions)</b>	
<b>Introduction:</b> <ul style="list-style-type: none"> <li>Show your child the cover of the book and talk about what they think the story is going to be about. Ask him/her about the vegetables he/she knows and likes. Give him/her clues to guess a vegetable.</li> <li>You might also use this opportunity to talk about health benefits of vegetables.</li> </ul> <p>*What do you think the story is about? / What do you remember about the story?                  *Can you name some vegetables? Which one is your favourite? Why?                  *Is there any vegetable you don't like? Can you describe how it tastes?                  *Can you guess a vegetable that is tiny, green and starts with a 'p' sound?                  *I wonder if vegetables are good for us. Why?</p>	
<b>Main Activity:</b> <ul style="list-style-type: none"> <li>Explain to your child that you are going to read/watch the story together. Once you finish reading/watching, ask your child about the overall story, key events and relevant comments.</li> </ul> <p>*Who did Oliver visit?                  *What did he do there every day?                  *Which vegetables did he find? Did he like them?</p> <ul style="list-style-type: none"> <li>When your child has a good idea of the story, tell him/her that you are going to note down which vegetables Oliver ate exactly on each day.</li> <li>Show him/her the printed out template (or the one you made) and explain that each box represents one day and he/she needs to cut and glue (or draw if you are using your own template) the correct vegetable for that day.</li> <li>Go through the days of the week together. You can ask your child to name the days or sing the <i>Days of the Week</i> song for you.</li> <li>Using the book/video, go through each day again, discuss and stick (or draw) the vegetable that Oliver ate on that day.</li> </ul> <p>*Do you remember which vegetable Oliver dug out on Monday? It's orange and bunnies love it.</p>	

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\*What about the next day? What did he find on Tuesday?

\*Would you like to try (vegetable)?

- Once your child completes the timetable, ask him/her to retell you the story using the pictures to help him/her. Encourage him/her in using the days of the week and sequence words such as then, the following day, after.

### **Challenge:**

- Follow the video link and help Eva to sort out fruits and vegetables:  
<https://www.youtube.com/watch?v=imXmQJ3uji4&t=69s>
- Together with your child, write a list of vegetables that you will eat on each day during the week. Let your child lead which vegetable he/she would like to eat/try and stick to your plan.

### **Additional ways to support your child:**

If your child is not yet confident with the days of the week, just use words such as *then, after, next day*.

### **Extension:**

Learn *The Vegetable Song* attached at the bottom of the lesson plan and send us a video of you singing it!

## The Vegetable Song

To the tune of Twinkle, Twinkle Little Star

Carrots, peas, and broccoli  
Vegetables are good for me,  
For my snack and in my lunch,  
Veggies sticks are great to munch.  
Carrots, peas, and broccoli  
Vegetables are good for me!

