

# 84 THINGS TO DO AT HOME

1. Make non-cook playdough, then have a Dough Disco
2. Paint out family portrait
3. Write and make a book
4. Draw flowers or the fruit bowl
5. Learn some laughter yoga [www.roberirivest.com](http://www.roberirivest.com)
6. Finger paint
7. Make a band from kitchen pots and pans
8. Footprint paint
9. Have a dance alarm every 30 minutes
10. Have a karaoke session
11. Send a video message to family and friends
12. Have a birthday party for pet or cuddly toy
13. Have an indoor picnic
14. Discover your favourite story and read it together
15. Order books alphabetically
16. Have an indoor treasure hunt
17. Dress up in adult shoes
18. Find a fairy door in your house or garden
19. Wash your toy cars
20. Search for different colours around the home
21. Make cards for everyone at home
22. Get some sheets to flap and pretend they are the waves and jump in
23. Bake cakes
24. Get material or cardboard and make mermaid or merman's tails
25. Get all the chairs together, make a bus play conductors and drivers
26. Make a camp in your bed
27. Make a dark den and use a torch
28. Write a letter to a neighbour or friend
29. Colour in a colouring book or draw a picture
30. Make wool or string hair over a chair
31. Have a pamper day
32. Have a scrunched-up paper fight from recycling
33. Fly a kite in the garden.
34. Make sandwiches with different shapes
35. Make a pretend car from boxes and furniture
36. Learn a rhyme or poem
37. Have a pirate adventure by making boats from boxes or furniture
38. Make paper aeroplanes
39. Blow bubbles and catch them.
40. Make numbers for the wall and decorate them

41. Read a book
42. Keep a balloon up in the air and take turns with your family to make it a game
43. Play a board game
44. Play hide and seek
45. Play dominoes
46. Learn a card game
47. Make smoothies
48. Make a shadow puppets
49. Perform a puppet show
50. Make finger/sock puppets
51. Choreograph a dance or learn a dance routine
52. Have an upside down meals day lunch or breakfast etc.
53. Learn to cook something new.
54. Learn a brilliant new song
55. Write a new song
56. Leave happy notes all around the house
57. Make a fitness routine and put your family through their paces.
59. Using vegetables make characters
60. Dance and sing.
61. Play I spy
62. Open your windows and sing a song to your neighbours
63. Learn days of the week song
64. Play musical statues
65. Have a tea party for your toys
66. Make a indoor restaurant and serve your family
67. Roll balls down the stairs
70. Be a superhero
71. Eat something new.
72. Have a ice cream party
73. Play in your room
74. Fold up sheets.
75. Make a junk model rocket.
76. Create a theatre show
77. Roll around a big space in your house.
78. Hop around like a bunny.
79. Play sleeping bunnies
80. Act out 5 little monkeys
81. Dance in the shower.
82. Sing in the shower
83. Make a scrap book of your favourite things.
84. Play jack in the box.