

Individual Activity Lesson Plan

Cheddar Cheese Crackers for Passover

Date: Thursday 9th April 2020

Activity Title: Cheddar Cheese Crackers for Passover

Learning Intention:

Understanding of the World: People and Communities

To make tasty/healthy snacks for Passover while looking at how different families celebrate festivals.

Activity Overview:

Make tasty snacks with guidance from an adult.

Links to EYFS:

Understanding of the World: People and Communities

- To show interest in the lives of people who are familiar to them.
- To recognise and describe special times or events for family or friends.

Resources:

- Ingredients (written below).
- Baking tray.
- Rolling pin/bottle.
- Small cup/cutter/glass.
- Baking paper.

Key vocabulary:

Passover, crackers, cheese, cheddar, yummy, food, snack, flour, butter, cold, hot, spoon, mix, stir, pour, ingredients, cook, bake, baking, count, number names.

ACTIVITY IMPLEMENTATION (including key question)

Introduction:

Show the ingredients to your child and tell him/her today you are going to make yummy Cheese Crackers to celebrate Passover, a celebration that Jewish people celebrate in Spring.

Main Activity:

- Gather all your ingredients: - you will need
- 8oz, cheddar cheese
- 4 tbsp, cold butter/dairy free spread
- 1 cup plain flour
- 1/2 tsp, salt
- A small cutter, round/square
- 2 baking trays
- Small amount of cold water



Method:

- Use the tips of your fingers, work the butter/spread into the cheese.
- Slowly add the flour, water and salt, the mixture will start to come together. (Only add a small amount of water at a time) **“Can you mix the ingredients?” “I like the way you are doing that” “Can you add one cup of flour?”**
- When the mixture starts to firm into a smooth ball, wrap it in cling film and place in the fridge for an hour this makes the dough easier to roll out.
- Remove your dough from the fridge, pre heat the oven to 350F/170c, line 2 trays with baking sheets, cut/break the dough into 4 pieces, very gently roll the dough making the dough as thin as possible. **“Can you cut the dough in four pieces?” “How many pieces of dough there are?”**

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- Use your cutter cut as many shapes out as you can place on the baking tray, cook for 20-25mins until golden brown. Leave to cool and eat with your favourite dip. **“What happens when we put the ingredients all together?”**
“Do you like the crackers?” **“What dip would you like?”** **“How does it taste like?”**



Activity review:

We hope you enjoyed making the crackers with your child, can you please let us know how you got on.

Which festivals do you celebrate at this time of year - talk about this with your child.

Additional ways to support your child:

Look at different ways you as a family celebrate festivals. E.g. ‘wearing fancy costumes’, ‘eating special food’, ‘singing specific songs’, etc.

Extension:

Would you like to make some dips with your child to go with the crackers?