

Individual Activity Lesson Plan

Body parts



Date: Thursday 30th April 2020

Activity Title: Making people out of playdough, looking at body parts and how they move.

Learning Intention: Physical development: shows control whilst making body parts using play dough.

Activity Overview:

While making people out of playdough look and talk about all the different body parts.

Links to EYFS:

- Shows control using tools to manipulate play dough. Physical Development: Moving and Handling -22-36 months
- Says some counting words randomly. Maths-Numbers-16-26 months

Resources:

- Play dough
- Books
- Magazines
- Mirror

Key vocabulary:

Head, arms, legs, body, feet hands. How many? How do we move?
Play dough, pull, stretch, squeeze, press.

ACTIVITY IMPLEMENTATION (including key question)

Introduction:

***We know how much the children in Strawberry enjoy playing with play dough!**

- Use homemade dough or playdough/plasticine (You can find the recipe to home made play dough on our Easter play dough activity from Tuesday 7th April 2020)
- Look at the parts of the body before you start.

Main Activity:

- Before you start, talk to your child about the body parts and ask them to name them. Look in the mirror and let them see the parts and how each part moves.
- Have a piece of dough each and start to look at how many pieces you will need to create the body.
- How many legs, arms, feet, hands etc do you need?
- Mummy/daddy could make their body parts first to show you what you need.
- Start to put your parts together, name them, where will they go? What does each part do?
- Once you have created your playdough person give them some eyes, mouth, nose, ears.
- Take a photo of your playdough person and send it us. We look forward to seeing them!

Activity review:

- How many parts did you need?
- Could you name any of them?
- Did you manage to put your parts in the right place?
- If your person is made of regular edible dough you could cook it.
- Look at different ways to make your body parts move.

Additional ways to support your child:

Look at books and pictures of body parts. Do some music and movement activities and look at how each part moves.

Extension:

Look at the skeleton and talk about how it holds us all together and helps us move.

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