

Daily Activity Planner



Date: Thursday 30th April 2020

Time	Area of Learning	Activity
9:00-9:15am	<i>Story time</i> Read a body part book e.g. 'What's that?' Baby Professor series	
9:15-9:45am	Physical Moving and Handling	Making people out of playdough, look and talk about different parts of the body and what they do.
Snack (09:45am – 10:00am)		
Outdoor/ Indoor free play (10:00am- 10:30am)		
10.30-10.45pm	<i>Circle time</i> Sing the song 'One Little Finger'	
10.45-11.00pm	Understanding of the world The world	Match items of clothing to the correct body parts e.g. socks/feet gloves/hands. Help your child to put them on.
Tidy up/Wash hands 11:00pm – 11:15pm		
Lunch 11:15pm – 12:00pm (see today's suggested recipe)		
Sleep 12:00pm- 13.30pm		
13.45-14.15pm	Expressive arts and design Being imaginative	To freely draw a picture of themselves with just a little guidance from mummy/daddy. This can be their own interpretation of how their body looks.
Snack (14:15am – 14:45am)		
Outdoor/ Indoor free play (14:45am- 15:15am)		
15.15-15.30pm	Mindful Moment	
Challenge of the Week:	Follow one of coach Mickey's P.E activities. You could do this in front of the mirror to see how each body parts moves.	
Links:	'One Little Finger' featuring Noodles and pals (you tube)	
Book of The Week	'Dem Bones' by Bob Barner	