

Individual Activity Lesson Plan

Discovery Bags- Five Senses- Touch

Date: 24th April 2020

Activity Title: Discovery Bags

Learning Intention:

To explore textures using different approaches: shaking, hitting, pulling, turning, and poking.

Activity Overview:

The children will explore a variety of textures using sight, smell and **touch**.

Links to EYFS:

Understanding the World: The World: 16-26 months.

Resources:

- Zip Bags/ Sandwich bags
- Selection of objects to put inside the bags e.g. shower gel, shampoo, paint, beans, cereal, seeds, etc.

Key vocabulary:

Seeds, beans, paint, gel, feel, rough, smooth, soft, hard, texture, touch, see, smell, shake, poke, squeeze, colour names.

ACTIVITY IMPLEMENTATION (including key question)

Introduction:

- Explain to your child we have 'five senses' (sight, hearing, taste, smell and touch).
- Introduce to your child the sense of **Touch**. "What do we use to feel/touch things?"
- In this activity we will also use the senses of sight and smell.
- Put various resources in separate bags, squeeze the air out and tape the bag closed.
- Give them the opportunity to hold, feel and explore the textures of each bag. "What does that feel like? Is it soft? Is it hard?"



Main Activity:

- Explain that you are going to put different resources into separate bags. Encourage them to put only one type of resource in each bag; this allows the children to also practise sorting.
- Model how to put the resources into the bag, using key words to describe and explain the textures you can feel; **soft, smooth, rough**.
- Support your child to then fill up the bags, zip them closed and explore independently. Comment on your child's movements: "Can you squeeze the gel?" "Can you stick your finger or thumb onto the bag?"
- You can stick these bags to the wall for your child to explore independently.



Activity review:

- Can your child think of anything else they would like to stick in a discovery bag? Can they identify if its soft, smooth, rough?
- Can your child find other things in the house that are soft/hard.

Additional ways to support your child:

Repeat key words to describe the textures for your child to copy.

Extension:

Encourage them to use simple sentences to describe the textures.