# **Individual Activity Lesson Plan**



Date: Monday 27 <sup>th</sup> April	
Activity Title: Filling and emptying containers	
Learning Intention  • Enjoys filling and emptying containers	Activity Overview: Your child will practise their pouring
<ul> <li>Links to EYFS:</li> <li>Enjoys fillings and emptying containers Maths-Shape space and measure-16-26 months</li> <li>Shows control using jugs to pour Physical development-Moving and handling-22-36months</li> </ul>	skills by filling and emptying different sized cups, bottles, and jugs with water.
<ul> <li>Equipment: -</li> <li>Water Tray/Bathtub</li> <li>Water</li> <li>Towel</li> <li>Water Apron</li> <li>Food Colouring ( If you have any, if not paint will also work)</li> <li>Different sized cups, empty bottles, and jugs</li> </ul>	Key vocabulary Pour, empty, full, half, bottles, jugs, cups, scoop, big, small, water, cold, warm, wet, fill, heavy, light.

### **ACTIVITY IMPLTEMENTATION (including key question)**

#### Introduction

- \*Explain to your child that they are going to be using the different sized containers to pour water.
- \* Role model how to empty and fill different sized containers using cups, empty bottles, and jugs.

#### **Main Activity:**

- \*Find a large plastic container like the one in the photograph below.
- \*Fill the large plastic container ¼ of the way with warm water.
- \*Place inside empty containers of different sizes. Fill some of the containers up with water and leave some of them empty. Try and use different temperature of water too. (Some freezing cold and some warm)
- \*If you have any food colouring or paint you can add this to the containers and jugs too, to change the colour of the water.
- \*This activity can also be done at bath time in the bath!

#### **Activity review:**

Ask your child questions such as:

- \* Can you pour the water from the jug into the bottle slowly?
- \*What colour water can you see?
- \*Can you empty the water out from the bottle?
- \*Can you fill up the jug?
- \*Is the water hot or cold?

### **Support:**

- Show your child how to hold a cup and a jug properly to pour water without much spilling, encouraging them to use two hands.
- Give your child a bottle and ask them to pour the water out into the large container to make it easier for them as this is a larger surface.

## Extension:

 Give your child a small jug with water and encourage them to pour the water from the jug into a smaller container, cup, or bottle. If your child is confident and skilful at this, can they do it with one hand?

