Dear Willow Class,

Good Morning! It's time to...Explore, Learn and Have FUN! ⊜

It's Friday! Do you remember our happy hour each Friday morning? Well, you can still do this at home, just play your favourite songs loud, dance your best moves and remember to laugh a lot!

Did you enjoy all the topics this week? Do you know more about people who help us? What about recycling? Did you make any of your own toys?

Today our story is Oliver's vegetables — a funny story about a boy and his food. Oliver likes French fries, pretty much to the exclusion of all other food. So when he goes to spend a week at his grandparents' home, they promise him his favourites only if he can find the taters in the garden. Whatever else he pulls up during the search he must eat each night for dinner. Thus Oliver is introduced to carrots, spinach, rhubarb, cabbage, beets, and peas, all of which he thinks are delicious.

We will be making a vegetable soup, play I spy game, learn about a life cycle of a bean, and more. Your parents can try these ideas too:

- Movement game: Little Sprouts: Let your child crouch down near the floor, pretending to be a seed in the ground. As you pretend to add water, let the 'seed' sprout and gradually grow taller and taller until at last they become full-grown 'plant'.
- Snack idea: Decorate the lunch table with different kinds of plants, fruits and vegetables.

Have a gorgeous day!

Mr. Andonov

