



Peach Individual Activity Lesson Plan

Orion and the Dark

Date: Monday 6 th April 2020	
Activity Title: Feelings - Exploring Characters from Orion and the Dark	
Learning Intention: To use talk to connect ideas.	Activity Overview: To read aloud and explore characters and feelings.
Links to EYFS: Communication and Language: Speaking: 30-50 months. Personal, social and emotional development: Managing feelings and behaviour: 30-50 months, emerging awareness of own feelings.	
Resources: <ul style="list-style-type: none"> Post-it notes Paper Writing tools Orion and the Dark story link: https://www.youtube.com/watch?v=0086aJXQN4w	
ACTIVITY IMPLEMENTATION (including key questions)	
<p>Introduction:</p> <ul style="list-style-type: none"> Introduce the story in focus, read the book or watch and listen to the story online; pause at key moments. Orion is scared of more or less everything, but there is one thing that he is scared of more than anything else...the DARK! Join Orion on an adventure as he faces his BIGGEST FEAR of all and finds out it is friendly! Give your child the opportunity to think about what frightens him/her in the dark. 	
<p>Main Activity:</p> <p>Read aloud up to 'As far as I can see, the world is full of frightening things.'</p> <ul style="list-style-type: none"> Show your child the illustration of Orion's circle of fears and discuss what your child thinks of Orion now. Why do you think Orion has drawn a circle about his fears? Explore each of Orion's fears within the circle, encouraging your child's emotional responses to them. (Some of Orion's fears may be amusing to one Willow child, but strike a chord with another.) Encourage your child to engage in a discussion about Orion's fears, linking it to their own experiences. Ask your child to share their own experiences with you. They may have stories to share relating to their fears and feel reassured to find out that others share the same fears. Provide drawing materials for your child to draw their fears on pieces of paper/sticky notes. Annotate his/her drawing with captions. Draw a large red circle upon which your child can stick their fears in. <p style="color: #0070C0;">*Are you frightened of the dark? *What frightens you in the dark? *How does that make you feel? What can you see/hear?</p>	
<p>Challenge:</p> <ul style="list-style-type: none"> Invite your child, like in the story to see where the sounds are coming from and what they really are. Discuss the fears your child has drawn and address what your child can do in each of the situations, if they are feeling fearful. 	
<p>Additional ways to support your child:</p> <ul style="list-style-type: none"> Model and share how to draw feelings using facial expressions/actions or a sad face. Give your child a piece of paper/sticky note and let them try to draw how they feel. 	
<p>Extension:</p> <ul style="list-style-type: none"> Encourage your child to draw 3 or more feelings pictures and encourage them to share their feelings with everyone at home. 	