## Individual Activity Lesson Plan- The Very Hungry Caterpillar



Activity Title: The Life Cycle of a Butterfly		
Learning Intention:	Activity Overview:	
To develop an understanding of growth, decay and changes over	Sequence the life cycle of a butterfly,	
time.	using pasta shapes.	
Links to EYFS:		
Understanding the World		
Resources:	Key vocabulary:	
Pasta twists - penne (caterpillar)	Egg, leaf, garden, caterpillar, small, tiny,	
Butterfly shape pasta – farfalle (butterfly)	cocoon, change, grow, butterfly, pupa,	
Lentils (egg)	moth, feelers, metamorphosis.	
Shell pasta – conchiglie (cocoon)		
Glue & paper plate (optional)		
ACTIVITY IMPLEMENTATION (including key question)		

## Introduction:

\*Show your child a short video on the life cycle of a butterfly.

https://www.youtube.com/watch?v=7AUeM8Mbalk)

Please be strongly advised that this is a direct YouTube link and it is responsible for any subsequent content. Adverts may still pop up along the bottom of the screen.

\*Discuss with your child what they can see, pause the video after every stage to discuss what is happening.

\* Show your child other pictures of caterpillars, cocoons and butterflies from books, (The Very Hungry Caterpillar and any others you may have), attached sheets and the internet.

\*Have an open ended discussion about the stages of the lifecycle.

\*Explore your garden or a green space on a daily walk, if possible, see if you can find a caterpillar or a butterfly.

What can see in the pictures?

What did you notice in the video?

How did the caterpillar turn into a butterfly?

## Main Activity:

\*Show your child the pasta shapes which you have arranged together and discuss what you can see.

\*Look at the picture below for guidance.

\*Explain that you would like them to use the shapes to make their own lifecycle pattern.

\*If you have glue and a paper plate available, encourage your child to stick the pasta down in sequence – just like the example below.

\*Help your child arrange the pasta, by asking them questions:

What happens first?

What happens next?

What does a caterpillar turn into?

## Challenge:

Let your child explore the pasta shapes on offer. Mix up the different shapes together and then encourage them to sort the pasta/lentils into four separate bowls.



Additional ways to support your child:	Extension:
You and your child can also experiment with other	Explore different life cycles with your child, such as
items to make a life cycle. How about making a	the life cycle of a frog or a chicken.
playdough sequence or a painting	

