

Individual Activity Lesson Plan – Spring/ Growing

Date: Tuesday 21st April 2020

Activity Title: Cup-case Flower snipping

Learning Intention: To use one-handed tools and equipment, e.g. makes snips in paper with child scissors.

Links to EYFS:

Physical Development

Resources:

- Paper cupcake cases or use any recyclable paper(cut into circles)
- Child scissors
- Real stems/leaves or green card
- Glue
- Decorations – buttons, glitter, pom poms, sprinkles (optional)

Activity Overview:

To develop fine motor skills by cutting and snipping.

Key vocabulary:

Cupcake, case, scissors, snip, open, close, fringe, part, texture, card, stem, leaves, glue, stick.

ACTIVITY IMPLEMENTATION (including key questions)

Introduction:

- *Introduce to your child to the resources and allow them to explore what he/she has on offer.
- *Explain the importance of being safe when using scissors. He/she should remain seated while using them.
- *Take a cupcake case and role model what you want them to do. Using the scissors carefully snip the side of the case, you can snip in-between the creases or make different patterns as shown in pictures below.

Main Activity:

- *Sit with your child and ask him/her to choose which case they would like.
- *If you only have plain, your child can either leave it plain or decorate it using pens. Once he/she has chosen, hand him/her the scissors and guide him/her to make snips and fringe around the edges carefully and safely. You can sing a little song to help. "Open shut them, open shut them, give a little snip, snip, snip."
- *Challenge your child to try his/her best:
 - Can you make snips all around the edges?
 - How many flowers are you going to make?
- * Once they have made their snips, they can glue it onto a piece of paper. Add a green stem and some leaves (real ones would be fantastic). Glue these under the flower as shown in the pictures. If you have any other little decorations such as pom poms, buttons, glitter, sprinkles etc, you can add these to the middle of the flower for extra effect.



Activity review:

Your child may only be able to snip at this age, some will be able to use the open and close movement to cut a straight line. This comes with practice. Learning to use scissors is an important and challenging skill for children to acquire. Using scissors helps to improve hand and eye coordination whilst also helping to build muscle tone that will later be required to help with writing skills.

Additional ways to support your child:

Role model the activity, but with less snips. Show your child how to hold the scissors.

Extension:

Encourage your child to independently cut out some flowers using pictures from old magazines/newspapers.

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He/she can also free cut and glue to paper to make his/her own collage.

