Individual Activity Lesson Plan



| Date: Wednesday 22nd April 2020 Activity Title: The Hungry Caterpillar - Days of the Week | |
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| Links to EYFS: Writes own name and other things such as labels, captions (Literacy). Hears and says the initial sound in words (Literacy). | and write labels for the days of the week. |
| Resources: The Very Hungry Caterpillar Book (or video link: https://www.youtube.com/watch?v=75NQK-Sm1YY&t=337s) Paper Pencil Fruit cards (attached below) | Key vocabulary: Hungry, cake, lollipop, caterpillar, days, week, cocoon, butterfly, pickle, food, |

ACTIVITY IMPLEMENTATION

*Before you begin the activity, cut out the cards attached below the lesson plan. Invite your child to cut them out as a further physical development opportunity. Take out the 'caterpillar' and 'butterfly' cards – you will only need days of the week cards.

Introduction:

- *Introduce/read *The Very Hungry Caterpillar* book to your child (or watch the video link if you don't have the book available).
- *Encourage your child to use his/her thinking skills.
- *Ask them if they can tell you what the Caterpillar ate on which day.
- *Give your child clues such as:
- "On Friday the Caterpillar ate five?"

Main Activity:

- *Explain to your child that s/he will be writing the days of the week.
- *Watch and join in with singing the 'Days of the Week Song' on the Rising 4's You Tube channel.
- *Turn the fruit/days of the week cards over to face down.
- *Invite your child to turn over one card.
- *Once s/he has turned a card over and identified which day the caterpillar ate this food on, s/he should then have a go at writing the day of the week. (If you like, you could stick the card down on a large piece of paper and write the day of the week next to it).
- *Repeat until you have turned all of the cards over and had a go at writing all of the days of the week.

Challenge:

*Take turns to see how many things you can name in 1 minute (or 30 seconds) that the Caterpillar ate.

Additional ways to support your child:

Write the days of the week in yellow and allow your child to go over them. Or invite your child to write the days using a sensory method e.g. in sand; with a stick in the mud, or with water on their finger on the pavement.

Extension:

Can you make yourself a weekly calendar and write down what fruit and vegetables you ate on each day of the week, from Monday to Sunday?



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