

Individual Activity Lesson Plan

5 Senses



Date: 1 st May 2020	
Activity Title: Salt dough handprints	
Learning Intention: To begin use language of size.	Activity Overview: Follow the method to make salt dough handprints. Talk about the differences in sizes of hands.
Links to EYFS: <ul style="list-style-type: none"> To begin to use language of size: Maths-Space shape and measure-22-36 months. 	
Resources <ul style="list-style-type: none"> Ingredients listed below. Baking tray Baking paper Rolling pin Paint 	Key vocabulary: Pour, roll, knead, press, handprint, push, flat, circle, mix, stir, flour, salt, water, empty, full, soft, warm, cold.
ACTIVITY IMPLEMENTATION (including key question)	
<p>Introduction: * Show your child a picture of what you are going to be making. (image below) Put onto the table the ingredients you are going to be using and see if your child is able to name and recognise any of the ingredients. Ensure everyone in the house participates in this activity if possible, to be able to talk about the different sizes in hands once the product is complete.</p> <p>Main Activity:</p> <p>Ingredients:</p> <ul style="list-style-type: none"> 1 cupful of plain flour (about 250g) half a cupful of table salt (about 125g) half a cupful of water (about 125ml) <p>Method:</p> <ol style="list-style-type: none"> Preheat the oven to its lowest setting and line a baking tray with baking paper. Mix the flour and salt in a large bowl. Add the water and stir until it comes together into a ball. Transfer the dough to a floured work surface. Roll it out into a large circle, ensuring it is not too thin. Once the dough has been rolled out into a circle, press your hand into the centre of the dough to leave a handprint. Put your finished items on the lined baking sheet and bake for 3 hrs or until solid. Leave to cool and then paint them using any coloured paints you have available. <p>Activity review: *Discuss with your child the difference in hand sizes. <i>*Whose hands are the biggest/smallest?</i></p>	
<p>Additional ways to support your child:</p> <ul style="list-style-type: none"> Help your child to make their salt dough. Make 2 different sized handprints, big and small. 	<p>Extension:</p> <ul style="list-style-type: none"> Allow your child to be more independent to make their salt dough handprints. Make between 3-5 different sized handprints. Can your child put them in size order?

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