

Individual Activity Lesson Plan

Making Scented Play Dough- Five Senses- Smell

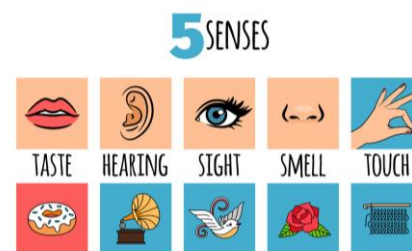
Date: 23 rd April 2020	
Activity Title Making Scented Play Dough	
Learning Intention: To show control in holding and using jugs to pour, mix ingredients and manipulate play dough.	Activity Overview: The child will make scented play dough with an adult by following a recipe. In this activity we will use the senses of smell and touch.
Links to EYFS: Physical Development: Moving and Handling: 22-36 months	
Resources: <ul style="list-style-type: none"> - Plain flour - Salt - Sunflower oil - Warm water - Food colouring – any colour of your choosing. - Scents/herbs/fresh flowers- any type - Bowls/plates/trays - Spoons - Rolling pin or any cylinder-shaped filled object (kitchen roll, toilet roll, pringles packet, etc) 	Key vocabulary: Play dough, smell, scent, fragrance, strong, sweet, mix, ingredients, flour, lavender, citrus, lemon, strawberry, cinnamon, ginger, mint, coco, fresh, flowers, colour names.
ACTIVITY IMPLEMENTATION (including key question)	

Individual Activity Lesson Plan

Making Scented Play Dough- Five Senses- Smell

Introduction

- Explain to your child we have 'five senses' (sight, hearing, taste, smell and touch).
- In this activity we will use the sense of **smell** "What do we use to smell things?"
- You can show your child the scents you are using to smell them. Model using your nose to smell the scents.
- You can also introduce touch, as they will be feeling the play dough: "What do we use to feel/touch things?"
- Tell your child you are making fragrant play dough using the scents available.



Main Activity:

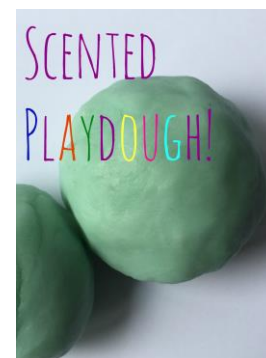
- Gather the resources you need for this activity (as equipment above)
- Make plain or different coloured play dough with your child using the recipe below:

Ingredients:

- 2 cups of plain flour
- 1 cup of salt
- 1 tablespoon of oil
- 1 cup of warm water
- 2 drops liquid food colouring – any colour of your choosing if it is possible.
- 4 drops scents- herbs/fresh flowers.

Method:

- Mix the flour and salt together in a large mixing bowl. "What colour is the flour?" "Can you put two cups of flour in?"
- Add the warm water, oil and drops of food colouring, scents/herbs/fresh flowers and mix. "I like the way you are mixing the ingredients!"
- When your ingredients are well mixed, take them out of your bowl and place your dough onto a flat surface, such as greaseproof paper or a table.
- Knead vigorously for a few minutes, until your dough feels like play dough and all the stickiness has gone.
- If your dough is too wet, add a little extra flour and carry on kneading. If your dough is too dry and crumbly, add an extra drop of cold water and carry on kneading. Make sure you add any extra ingredients a little bit at a time.
- Let your child feel the texture of the play dough you have made together. Ask questions such as: "What colour is our play dough?" "What does it feel like?" "How does the play dough smell?"
- Let your child manipulate the play dough independently: "Can you cut the play dough with your hands?" "Can I have a piece of play dough?" "What would you like to make.....?"
- Support your child when rolling the play dough using a rolling pin or any cylinder-shaped object. "Can you roll the play dough?"



Activity review:

Can your child identify other smells in the environment? e.g. when cooking, in the garden, in the bath.

Support:

Role model everyday words for your child to repeat such as adjectives: "smelly", "sticky", "coloured", "fruity", "strong", "sweet", etc.

Extension:

Encourage your child to describe how things smell or feel by using two words together or simple sentences: "The play dough is sticky", "fruity smell", "brown cinnamon", etc.