

# Individual Activity Lesson Plan

## Rainbow Jelly Sensory Tub- Five Senses- Touch

**Date:** 24<sup>th</sup> April 2020

**Activity Title:** Rainbow Jelly Sensory Tub

**Learning Intention:**

To explore the texture of rainbow jelly through sensory exploration.

**Links to EYFS:**

Expressive Art and Design: Exploring and Using Media and Materials: 16-26 months.

**Activity Overview:**

The children will play and feel the texture of jelly. For this activity we will use the senses of touch, sight and smell.

**Resources:**

- Long tray/tub
- Different colours of jelly
- Kitchen tools: big/small spoons, cups, jugs, pots, etc.
- Sandwich bags

**Key vocabulary:**

Jelly, rainbow, touch, feel, colour names, mix, smell, taste.

### ACTIVITY IMPLEMENTATION (including key questions)

**Introduction:**

- Explain to your child we have ‘five senses’ (sight, hearing, taste, smell and touch).
- In this activity we will use the senses of **touch**, sight and smell “What do we use to touch things?”
- Show your child the types of coloured jelly you are using and tell them today you are going to play with it!

**Main Activity:**

- Gather the tub and ask your child to help you to put the coloured jelly inside the tub. “Can you put the red/yellow jelly inside the tub?”
- Let your child to explore the texture of jelly with his/her hands. “What is this?” “What does the rainbow jelly feel like?” “What does the red jelly smell like?” “Can you use your hands to touch the rainbow jelly?”
- Encourage your child to use adjectives such as ‘sticky’, ‘cold’, ‘red/blue/yellow’, ‘fruity’, etc.
- Add kitchen utensils such as spoons, forks, cups, jugs, pots, bowls and support you child to pour, scoop and stir the jelly.



**Activity review:**

Did your child enjoy feeling the texture of rainbow jelly?

Did your child use a variety of adjectives to describe the texture of jelly?

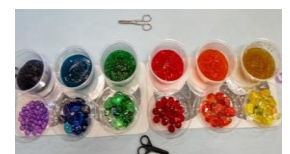
**Additional ways to support your child:**

If your child does not want to touch the rainbow jelly, you can place the jelly in sandwich bags.



**Extension:**

You can put the jelly in different pots and let your child try to snip the jelly. If you have tweezers or pegs, your child can also try to pick up the jelly and place it in the right colour pot. The jelly has to be firmer for this so add less water.



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