

Activity Lesson Plan

Willow Class

Date: Wednesday 8th April 2020

Activity Title: Dance like a Dinosaur

Learning Intention: To move freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping .

Links to EYFS: Physical Development: Moving & Handling.

Activity Overview: We are going to be dancing like a dinosaur. Using a combination of large and smaller movements. Helping to support the development of our gross motor skills, balance and co-ordination.

Resource:

-A large space

-The song The Prehistoric Animal Brigade

<https://www.youtube.com/watch?v=bENTOFR66YY>

Please be strongly advised that this is a direct YouTube link and it is responsible for any subsequent content. Adverts may still pop up along the bottom of the screen.

Key vocabulary:

Bend, stretch, flap, swing run, tiptoe, twist, stomp.

ACTIVITY IMPLEMENTATION (including key questions)

Introduction:

- Explain to your child today we are going to be dancing like a dinosaur.

Main Activity:

Explain you are going to dancing along to The Prehistoric animal brigade.

Using your bodies to create large movements like the dinosaurs.

For example **"Can you stomp like a dinosaur?"** or **"lets flap your arms like a Pteranodon"**

- While singing along to The Prehistoric animal brigade (see link above).
- Give them the opportunity to create their own movements.

***How do you think a T rex would walk?**

***Can you show me how your favourite dinosaur can move?**

- Challenge your child to create their own sequence of movements using the dinosaurs we have seen.

***I wonder what dinosaur you will be next.**

*** Can you show me how a t rex stomps?**

***Can you combine two dinosaur movements and ill guess what they are?**



Challenge:

Encourage your child to make their own dance movement pattern for you to follow and guess which movement matches which dinosaur.

Additional ways to support your child:

Have fun with it and create simple movements for your child to follow. For example flap your arms around like a Pteranodon or tip toe like a Triceratops.

Extension:

Challenge your child to think about how other animals may move. Invite s/he to demonstrate different animal movements. Can you guess the animal?

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STEGOSAURUS



HYPSILOPHODON



TYRANNOSAURUS



DEINONYCHUS



PACHYCEPHALOSAURUS



IGUANODON



ANKYLOSAURUS



PTERANODON



VELOCIRAPTOR



BRACHIOSAURUS



ALLOSAURUS



PLESIOSAURUS



PARASAUROLOPHUS



RHAMPHORHYNCHUS



SPINOSAURUS



TRICERATOPS