

Individual Activity Lesson Plan

Date: Wednesday 20th May 2020

Activity Title: All About Me

Learning Intention:

- To be able to talk positively about self, own needs, interests or abilities.

Links to EYFS: Personal, Social and Emotional Development:

- Confident to speak to others about own needs, wants, interests and opinions.
- Can describe self in positive terms and talk about abilities.

Resources:

- Storybook *I Like Me!* by Nancy Carlson (if you don't have the book, use the following video link:
<https://www.youtube.com/watch?v=gpCR2UdCYFE>)
- Paper
- Crayons/markers
- Mirror
- Template – All About Me (includes 4 different 'All About Me' posters; please, print out only the one you prefer or create your own version)

Activity Overview:

Draw a self-portrait and create an 'All About Me' poster.

Key vocabulary:

I, me, my, like/dislike, favourite, want, need, interest, I think, I can, facial features (eyes, nose...), hair textures (curly, straight, wavy...), colours.

ACTIVITY IMPLEMENTATION (including key questions)

Introduction:

- Show your child the cover of the book of the day: *I Like Me!* and talk about what the book might be about.

*I wonder what the little Piggy girl likes about herself.

- Once you have finished reading/watching the story, discuss the things that the Piggy girl enjoys and likes and compare it to your child's own interests or experiences.

*What things did the Piggy girl like to do? What do you enjoy playing/doing?

*How does she look after herself?

*What does she do when she is feeling sad? What cheers you up?

*What does she do when she makes a mistake? Does she give up? What would you do?



Main Activity:

- Explain to your child that today is all about him/her and that he/she is going to draw a self-portrait and then create a poster about himself/herself and his/her favourite things.

*Do you know what a self-portrait is?

- Ask your child to look into the mirror and describe himself/herself in as much detail as possible (e.g. hair/eye/skin colour, hair texture/length).
- Invite him/her to draw a self-portrait including all the details they spoke about.

*What colour are you going to use for your eyes?

*I wonder how you are going to draw your hair.

- When your child has finished the drawing, show them the printed out poster of your choice and explain that you are going to fill it in together.
- Go through the different sections of the poster, discuss them together, allow your child to express his/her ideas of what to write/draw.
- Invite your child to write, draw pictures and colour in the 'All About Me' poster.



Individual Activity Lesson Plan



Challenge:

- Using cut out pictures from magazines, create a collage of your child's favourite things.

Additional ways to support your child:

Draw your self-portrait first, verbalising what features you are drawing, e.g. **My head is round so I will draw a circle. What about my hair? It's brown and short.**

Extension:

When drawing the self-portrait, encourage your child to include as much detail as possible (e.g. ears, eyebrows, neck).