

Individual Activity Lesson Plan

Date: Friday 15th May 2020

Activity Title: Mummy and Daddy's Helper

Learning Intention:

- To learn about household chores and help with some of them.

Links to EYFS:

Communication and Language:

- Uses language as a powerful means of widening contacts, sharing feelings, experiences and thoughts.
- Beginning to use more complex sentences to link thoughts.
- Builds up vocabulary that reflects the breadth of their experiences.

Personal, Social and Emotional Development:

- Enjoys responsibility of carrying out small tasks.
- Welcomes and values praise for what they have done.

Activity Overview:

Learn about chores and become a little family helper by carrying out small tasks around the house.

Resources:

- Storybook *Meet the Parents* by Peter Bently (if you don't have the book, use the following video link:
<https://www.youtube.com/watch?v=Uma2JRIxF1g>)
- Template – Little Helper (no need for printing)

Key vocabulary:

Family members, chore, help.

ACTIVITY IMPLEMENTATION (including key questions)

Introduction:

- Show your child the cover of the book of the day and discuss what he/she thinks the story is about.
- Read or watch the story together.
- Once you have finished reading/watching, talk about the overall story, what he/she liked or did not like.
- Ask if there are any similarities between you and the parents in the book.
- Emphasise the fact that the parents are really busy with all the jobs they have and sometimes they need a bit of help.



Main Activity:

- Bring up the template – Little Helper on a device and show it to your child.
- Allow him/her to observe the pictures and think about what he/she sees.
- Look at the first picture together and discuss it. Introduce the word 'chore' in case your child is not familiar with it.

*What is this little girl doing? Yes, she's tidying up her toys. Do you pick up and put away your toys? Do you like doing it?

*I wonder if you know what a chore is. It's a job that we need to do in the house. Like washing the dishes. What would happen if we didn't wash the dishes?

- Go through the rest of the pictures together, allowing your child to talk about them in as much detail as possible and connect them to their own experience.

*This girl is making her bed. Do you think it's something you could help with as well?

*Yes, the boy is putting the laundry in the washing machine. Who does laundry in our family? Do you remember when you helped to put your dirty clothes in our laundry basket?

- Once you have finished discussing the pictures, explain to your child that he/she is going to become a little family helper and do some chores as well. Show lots of excitement and enthusiasm about your child being



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big enough to help you at home.

- Think of chores that your child could accomplish. You might want to pick some from the template or choose new ones (e.g. put spoons in the dishwasher, match washed socks, take out the rubbish).
- *What do you think - what would you like to help at home with today? That's a great idea! Let's do it then.
- *Do you think you can do it by yourself? Or would you like me to help you?
- Give your child lots of praise for having completed their chosen task.

Challenge:

- At the end of the day, discuss with your child the chores that he/she has completed.
- *Thank you so much for helping with... Did you enjoy being a little helper today?
- *I was happy and very proud of you when you helped with...

Additional ways to support your child:

Pick a chore that you can turn into a game such as matching mixed up socks or competing for who picks up more toys in one minute.

Extension:

Create together with your child a simple 'My Chores' chart for a week and tick off/record when a chore is completed.



- ☐  Make bed
- ☐  Take clothes to laundry room
- ☐  Put away laundry
- ☐  Pick up toys
- ☐  Dust furniture
- ☐  Feed pets
- ☐  Put clothes in dryer
- ☐  Match socks
- ☐  Clear place after meals

My Chore Chart								
Chores To DO	S	M	T	W	T	F	S	Stars
Make Bed 		★	★	★				★
Set table 			★		★			★
Do Homework 		★	★	★	★			★
Take out Garbage 					★			★
Walk Dog 	★					★	★	★

Emil's Chore Board							
	Sun	Mon	Tue	Wed	Thur	Fri	Sat
Dressed Morning 	★						
Make Your Bed 	★						
Clear Up Toys 							
Dressed Night 							