## Individual Activity Lesson Plan



Date: Wednesday 20 <sup>th</sup> May 2020		
Activity Title: Everybody Has a Name		
Learning Intention:	Activity Overview:	
To copy letters from own name.	Practise writing own name in a	
Links to EYFS:	sensory rice tray.	
Physical Development:		
<ul> <li>Can copy some letters, e.g. letters from their name.</li> </ul>		
<ul> <li>Begins to form recognisable letters.</li> </ul>		
Literacy:		
Writes own name.		
Resources:	Key vocabulary:	
• Rice (1 cup)	Letters, name, write, copy.	
<ul> <li>Food colouring/Paint (any colour)</li> </ul>		
<ul> <li>Plastic bag with a zip lock</li> </ul>		
<ul> <li>Shallow tray/container (e.g. baking pan, empty puzzle box)</li> </ul>		
<ul> <li>Colourful paper card (contrasting colour to your dyed rice)</li> </ul>		
Writing tool/paintbrush/wooden stick/cotton bud		
ACTIVITY IMPLEMENTATION (including key questions)		
Introduction:		
• Revisit the story of the day I Like Me with your child and talk about how unique we all are and that one		
thing that makes us also special is our name.		
• Read together the short poem <i>Everybody Has a Name</i> at the bottom of the lesson plan and discuss your		
child's name, whether it is long or short, if he/she has a nickname and what other names he/she likes.		
Main Activity:		
<ul> <li>Explain to your child that today he/she is going to practise writing his/her name in a tray filled with colourful rice.</li> </ul>		
<ul> <li>First, combine rice and a bit of food colouring/paint in the plastic bag.</li> </ul>		
<ul> <li>Close the bag and shake it until the colour is evenly distributed.</li> </ul>		
<ul> <li>Spread the mixture in a thin layer on a paper towel or sheet of paper and</li> </ul>		
allow to dry.		
<ul> <li>Place the colourful paper card in the shallow tray.</li> </ul>		
<ul> <li>Pour the dried dyed rice over the paper card and you are ready to write</li> </ul>		
<ul> <li>Depending on your child, you can ask him/her to write his/her name straight away or write his/her name</li> </ul>		
on a piece of paper and put it next to the rice tray for a visual reference (please, refer to the template		
Letter Formation at the end of the lesson plan to ensure using the correct shapes of letters).		

- Encourage your child to write the letters using the index finger, paintbrush, cotton bud or wooden stick.
- Gently shake the rice tray to 'erase' letters.

## Challenge:

• Get inspired by the attached *Name Practice Ideas* and have a go at different fun ways to learn how to write/practise your name.

Additional ways to support your child:	Extension:
Let your child to do free mark making. Focus on the	Encourage your child to practise writing all letters,
first letter of his/her name.	numbers or shapes.







## Rhymes for letter formation - taken from Read Write Inc.

