Individual Activity Lesson Plan



Date: Monday 1 st June 2020 Activity Title: Under the Sea Hand Printing	
To experiment with colours and create an under the sea painting.	Explore paint with hands and
Links to EYFS: Expressive Arts and Design	fingers and create an under the
Experiments with marks.	sea painting.
Resources:	Key vocabulary:
Paints (any paint colours)	Hands, fingers, press, paint
Paint brushes (any sizes)	brush, paint colours, sea
Black pens or felt tips	creature's names, push,
Colouring pens/felt tips	spreading, bubbles, eyes and
Card or paper (any that is available)	mouth coral.

ACTIVITY IMPLEMENTATION (including key questions)

Introduction:

- All the templates which have been included with this lesson plan can be viewed on the computer, as you create your hand painting.
- Show your child the template of the different sea creatures (we have included an example for you all to view on your computer, if a printer is unavailable)
- Talk to your child about what he/she can see in the pictures.

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Main Activity:

- Explain to your child he/she is going to create fish and coral using his/her hands to print. Using paint on the or card/paper.
- Show your child the attached template **Under the Sea Hand Printing step by step instructions** as an example of what he/she will be creating and what it might look like.
- Gather your resources (see the attached Under the Sea Hand Printing step by step instructions or above resources section).

Instructions

- 1. Using your paint brush, support and guide your child to paint his/her left hand. (Your child may want to paint his/her own hands independently).
- 2. Spreading your fingers apart, gently press your/his/her hand against the right side of the card/paper.
- 3. Using the same paintbrush or fingers fill in the missing gaps with the paint.
- **4 & 5** Now you can **wash your hand,** as you will be painting your right hand to print, you can use a different colour or the same. Then repeat **step 1** and **step 2 but this time printing on the left side of your card/paper. Wash your hands once you have finished printing.**
- **6.** Your child can use his/her fingertips to create bubble marks coming out from the fishes' mouths.
- **7 & 8** Now you can wash your hands. Using the green paint (or any colours that are available) paint your finger, then pressing it against the bottom of your picture create some coral.
- **9. OR** your child can paint his/her four fingers and press them against the bottom of the picture to create coral.
- 10. Once your picture has dried, with support and guidance draw eyes and a mouth on your fish.
- **11.** Now you have created your very own under the sea picture.

^{*}What can you see?

^{*}What are these called?

^{*}What colours can you see?

^{*}Where do these sea creatures live?

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*Wow, look at your wonderful fish!

*What do you like about your own picture?

Challenge:

As your child created a wonderful under the sea picture, he/she may like
to try creating a crab painting using his/her hands. Your child can choose
any paint colours he/she would like to use. (See the attached Designing
a crab through Hand Printing step by step photo instructions) showing
you how to create your very own crab painting. Have Fun!



Additional ways to support your child:

If your child does not like the texture of the paint on his/her hands they can create a picture using fingers. (See the attached template **Creating different coloured fish using finger printing step by step photo**

instructions).



Extension:

Using the attached template **Ideas to create your own sea creatures**, your child could create his/her own sea creature using colouring pencils/ pens on plain card/ paper.