


Individual Activity Lesson Plan

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| Date: Friday 29 th May 2020 | |
| Activity Title: Tooth-brushing Time! | |
| Learning Intention: Shows understanding and cooperates with some boundaries and routines. | Activity Overview: The children will explore toothbrushes and toothpaste during a water play activity. |
| Links to EYFS: Personal, Social and Emotional Development: Managing Feelings and Behaviour: 22-36 months. | |
| Resources: <ul style="list-style-type: none"> • Toothbrushes • Children’s toothpaste • Large tub of water • Dolls/people or animal figures | Key vocabulary: Brush, clean, wash, teeth, gentle, mouth, tongue, protect, dentist. |
| ACTIVITY IMPLEMENTATION (including key question) | |
| Introduction: <ul style="list-style-type: none"> • Set up the resources around the tub of water and invite your child to come and clean the dolls’ teeth. Main Activity: <ul style="list-style-type: none"> • Support your child with putting a little bit of toothpaste on the toothbrush and then brushing their toys’ teeth. • You could talk about your child’s tooth-brushing routine and about the importance of keeping teeth clean. • Talk about how the dentist helps us to check that we are keeping our teeth clean and healthy. Perhaps your child had a recent visit to the dentist that you can talk about. Activity review: <ul style="list-style-type: none"> • Are all the toys’ teeth clean? Listen to a story about visiting the dentist: Maisy, Charley and the Wobbly Tooth |  |
| Additional ways to support your child: If you are concerned that your child may try to eat all of the toothpaste, consider creating an alternative using flour, water and mint essence. | Extension: If you’re feeling brave, get your toothbrush and ask your child to brush your teeth! Remind them to clean both the top and the bottom teeth. |