

Individual Activity Lesson Plan

Under the sea

Date: 01.06.20

Activity Title: Edible Aquariums

Learning Intention:

- Willing to try new food textures and tastes.

Links to EYFS:

- Physical development: Health and self care: 16-26 months

Ingredients:

- Large cracker. Bread can be used as an alternative.
- Blue frosting or cream cheese
- Blue food colouring
- Gummy fish or fish shaped crackers/biscuits
- Butter knife

Activity Overview:

To use the ingredients to make an edible aquarium.

Key vocabulary:

Aquarium, fish, sea, water, blue, spread, knife, taste, bite, eat, cracker, icing, cream cheese.

ACTIVITY IMPLEMENTATION (including key question)

Introduction:

- Show your child images of fishes in an aquarium. (Pictures attached below)
- Lay out the ingredients on the table.
- Test to see if your child knows the names of the ingredients.



Main Activity:

- Take one large cracker. A slice of bread is a good alternative if you don't have any large crackers.
- Squeeze the blue icing into the centre of your cracker.
- Using a butter knife spread the blue icing over ¾ of the cracker.
- If you don't have blue icing you can use cream cheese and blue food colouring as an alternative.
- Add fish onto the blue icing. These could be fish shaped biscuits or crackers.
- If you don't have any fish shaped food, then why not make your own.
- You could either bake fish shaped biscuits before hand, or make your very own fruit fish as shown in this photo.



Activity review:

- Take photographs of your Edible Aquariums and send them in for us to see!
- Ask your child what other sea creatures live in the sea.
- How did your edible aquarium taste?

Additional ways to support your child:

- Support you child in understanding where we see fish.
- Use foods which you know your child will eat.

Extension:

- Try and use new foods in this activity to encourage your child to try new food textures and tastes.

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Fishes in the Aquarium

