

Individual Activity Lesson Plan (The Smartest Giant in Town)

Date: Tuesday 5 th May 2020	
Activity Title: Fill socks using rice	
Learning Intention: To show control into holding and using a spoon. (PD)	Activity Overview: Your child will fill the sock with rice using a spoon to develop their fine motor skills as well as their hand eye co-ordination.
Links to EYFS: <ul style="list-style-type: none"> Shows control in holding and using jugs to pour, hammers, books and mark making tools (Physical Development- Moving and Handling) Enjoys filling and emptying containers (Mathematics- Shape, Space and Measures) 	
Resources: <ul style="list-style-type: none"> - Socks - Spoon - A bowl filled with rice. 	Key vocabulary: Pour, rice, socks, fill, spoon, slowly, carefully, pour, little, big, hold.
ACTIVITY IMPLEMENTATION (including key question)	
<p>Introduction:</p> <ul style="list-style-type: none"> ❖ Gather all the resources you are going to need. ❖ Ask your child to come and look at what you have on the table. *Can your child recognise all the resources? ❖ Explain and show your child the process in order to begin. <p>Main Activity:</p> <ul style="list-style-type: none"> ❖ Give your child a spoon and encourage them to fill the sock with rice. *How is the child using the spoon? *Can your child fill the sock with it? ❖ Fill the sock all the way up. Your child might like to try different sized spoons to see which one they find easier. A teaspoon, a table spoon and a wooden spoon. ❖ Once your child has finished, tie the sock at the opening like you would a balloon. ❖ Ask your child to feel the sock. *How much rice did you use? *What does it feel like? Is it smooth?/bumpy?/soft?/hard? *Can you shake it? Does it make a noise? <p>Activity review:</p> <ul style="list-style-type: none"> Think about other resources you could use to fill the sock such as lentils and chickpeas. 	
<p>Additional ways to support your child:</p> <ul style="list-style-type: none"> Offer your child support by holding the sock whilst they fill it with rice. 	<p>Extension:</p> <ul style="list-style-type: none"> Encourage your child to hold the sock in one hand, and use the other hand to scoop and pour the rice in. Direct your child to put different amounts of rice into two socks and talk about which one is heavier and lighter.



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