



Individual Activity Lesson Plan

Under the sea

Date: 01.06.20	
Activity Title: Under the sea frozen sensory play	
Learning Intention:	Activity Overview: To explore the sensory exploration of frozen sea animals.
<ul style="list-style-type: none"> Explore sensory exploration of frozen objects. 	
Links to EYFS:	Key vocabulary: Fish, star fish, octopus, crab, stripes, spots, cold, wet, smooth, slippery, freeze, ice, break, touch, feel.
<ul style="list-style-type: none"> Expressive arts and design: Exploring and using media and materials: 8-26 months 	
Resources:	
<ul style="list-style-type: none"> Different sized bowls, cups and containers Small sea animals Water A freezer 	
ACTIVITY IMPLEMENTATION (including key question)	
<p>Introduction:</p> <ul style="list-style-type: none"> Get your child to think about places they have been to where they have seen sea creatures. What sea creature did you see? Put some small sea animals into different sized containers, cups and bowls and fill them up with water. Place them into the freezer and give them a few hours to set. <p>Main Activity:</p> <ul style="list-style-type: none"> Take the ice blocks out of the freezer and place them all into one large box or container. Allow your child to freely explore the ice. Think about different ways to try and get the sea creatures out of the ice blocks. <p>Ask your child questions such as:</p> <ul style="list-style-type: none"> What sea creatures can you see? How does the ice feel? Is it hot or cold? What can we use to break the ice? Once your child has fully explored the sensory exploration of the ice, offer him/her tools such as spoons of different sizes to try and break the ice to release the sea creatures. <p>Activity review:</p> <ul style="list-style-type: none"> What other objects do you have in the house that would be good to freeze? Did your child like the sensory exploration of ice? You could do this activity again but this time hide the sea creatures in a bowl of shaving foam mixed with blue food colouring to represent water also. 	
 <p>UNDER THE SEA SENSORY PLAY</p>	
	
Additional ways to support your child:	Extension:
<ul style="list-style-type: none"> Put a couple of sea creatures into a sandwich bag, fill it with water and allow it to freeze. Allow your child to enjoy the sensory 	<ul style="list-style-type: none"> Think about other objects that you have around the house which would be good to freeze. You could repeat this activity this time

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exploration of the ice through a sandwich bag.

adding food colouring so your child doesn't know which sea creatures are inside the ice blocks until they have managed to break them.