

Wednesday 20 May 2020

Dear Willow Class,

Good Morning! It's time to... explore, learn and have FUN 😊😊

Today we will revisit one topic loved by everyone – **'All About Me'** and learn all about it through a book called **'I Like Me!'** by Nancy Carlson! This is a cute, body-positive picture book about loving yourself and being comfortable with who you are. Really great for children but loved by adults too, just like me! :)

We would like to encourage children to draw a self-portrait and make a poster about themselves (remember, we did this two time in class, once during autumn term, and then for spring term too). An "All About Me" poster is exactly that - all about you! In this poster you present yourself. You put in photos and writing about yourself. Like, your favourite food, or favourite music, your friends and your special things.

Next, children can use play dough to make faces and various facial expressions like happy, sad, and angry just to name a few. Finally, use any mark making resources or sensory rice tray to practise letter and name writing.

Enjoy our Rising 3's challenges, initiatives and mindful moment.

I wish you a great day full of fun, love, health and happiness!

Mr. Andonov

