## **Individual Activity Lesson Plan**



Date: Wednesday 20 <sup>th</sup> May 2020	
Activity Title: Paper Mache planet	
<ul> <li>Learning Intention: Expressive arts and design</li> <li>To use and explore a variety of materials.</li> <li>Links to EYFS: Exploring and using media and materials (22-36 months)</li> </ul>	Activity Overview: To make one of the planets using Paper Mache.
Resources:	Key vocabulary:
Newspaper or kitchen roll	Planet, Mercury, Mars, Venus,
Glue	Jupiter, Saturn, Earth, sun,
Water	Uranus, Neptune, Moon, Pluto,
A bowl	space, Glue, Stick, Wet, water,
Whisk	Mix, Flour, Dry, Paint, Balloon,
Balloon	pop, decorate, colours.
Paintbrush, Glue stick or hands.	

### **ACTIVITY IMPLEMENTATION (including key question)**

### Introduction:

- Blow up a balloon, ensuring that is it round. Tie it at the opening.
- Pour into a bowl ¾ PVA Glue and ¼ Water.
- You can make your own PVA Glue a home too if you like. This photo shows how ->
- Find an old newspaper and show your child how to tear it into strips. This is a good activity for your child's fine motor skills too. If you do not have an old newspaper, you can use kitchen paper.
- You should now have a bowl of Paper Mache paste and a bowl/pile of newspaper strips.
- Show your child pictures of different planets (below) and explain that they are going to be making one of them. Let your child decide which one they would like to make.

### **Main Activity:**

- Cover a section of the balloon with paper Mache paste. You can do this either using a paintbrush, a
  glue stick or your hands.
- Stick newspaper strips on top of the paper Mache paste. Once they are stuck down, put more paper Mache paste on top of them.
- Repeat these steps until the balloon is covered in 2 to 3 layers of newspaper.
- Ensure you leave the bottom of the balloon, (where it has been tied) without paper mache.
- Leave it to dry. This can take several hours. Try and leave it in a warm place.
- Once it is completely dry it should feel rock hard.
- Now your child can paint it. Remember the planet your child has decided to make and try and use corresponding coloured paints.



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- Again, leave put it somewhere warm and leave it to dry.
- Once dry for the final time you may now pop the balloon. You can do this by snipping the bottom of the balloon that you have left hanging out.
- And there you have it, your paper Mache planet!

### **Activity review:**

What did your child enjoy the most? What planet did they make? What shape is it?

### Additional ways to support your child:

- Help your child tear the newspaper into strips.
- Support your child throughout this activity.

### **Extension:**

- Allow your child to be more independent throughout this activity although they will still require some support where necessary.
- Repeat this activity this time making a different planner. Is it going to be bigger?/smaller?/the same size? What colour will it be?

# The planets

