

Individual Activity Lesson Plan

Fire fighter

Date: 26.05.20

Activity Title: Putting out flames

Learning Intention:

- Physical development: Shows control in holding and using a hose (gross motor skills) and spray bottles (fine motor skills.)

Links to EYFS:

- Physical development: Moving and Handling: 22-36 months

Resources:

- Chalk preferably red, yellow and/or orange.
- Garden floor or fence
- A hose
- Spray water bottles

Activity Overview:

This activity will help to develop your child's fine and gross motor skills. They will use a garden hose and spray water bottles to put out chalk flames.

Key vocabulary:

Flames, fire man, fire woman, red, orange, yellow, hose, water, spray, wash.

ACTIVITY IMPLEMENTATION (including key question)

Introduction:

- Using chalk, draw large flames on your garden fence or the pavement.
- Test your child to see if they know what occupation help us put out fires.
- If you have a garden hose, set it up so it is positioned next to the chalk fire.
- Also, fill up a spray bottle with water. This could be an empty cleaning spray bottle such as Mr. Muscle. However, please ensure this bottle is cleaned out thoroughly before allowing your child to use it



Main Activity:

- Call your child out to the garden and show him/he the pretend fire on the floor/fence.
- Tell your child they will be re-enacting the role of a fire fighter.
- Show your child the two options of how to get rid of the fire, the hose and spray bottle. Allow your child to choose which one they would like to try.
- Encourage your child to try with both the hose (for their gross motor skills) and the spray bottle (for their fine motor skills)
- Continue this activity until the fire has completely gone!

Activity review:

- Talk about which method got rid of the flames the quickest.
- Was it the hose? Or the spray bottle?
- What do fire fighters use?



Additional ways to support your child:

- Draw larger flames for your child to wash away. Larger flames will make it easier for your child to aim the water and wash them away.

Extension:

- Draw smaller flames for your child to wash away. Smaller flames will make it harder for your child to aim the water and wash them away.