

Individual Activity Lesson Plan

Date: Thursday 7 th May 2020	
Activity Title: Finger gym	
Learning Intention: To use one handed tools and equipment.	Activity Overview: Use a range of tools and variety of different items, which will encourage the development of fine motor skills.
Links to EYFS: Physical development	
Resources: Scissors Wool Beads A bottle with a slit in the top so your child can slot coins into it. (You can use a piggy bank if you like.) Small toys Tweezers Pegs and a plate Pipe cleaners and colander Two bowls Colander	Key vocabulary: Push, pull, pinch, put, thread, cut place, slot , peg, hold, transfer, hold, squeeze.
ACTIVITY IMPLEMENTATION (including key questions)	
Introduction: This activity requires some preparation. Gather any of the resources you have available (listed above) and set up the activity station in the following way: <ul style="list-style-type: none">• Bottles and Coins: Cut a small slit in the lid to allow your child to slot some coins through• Wool and Beads: For threading• Small figurines and tweezers: Your child will be transferring the figurines from one bowl to the other using the tweezers.• Clothes pegs and a round plate (preferably plastic plate)• Colander and pipe cleaners: Your child will push the pipe cleaners through the holes• Scissors and a variety of things to cut e.g. paper, playdough, card.	
	
Main Activity: Once set up, model how to use each of the resources/activities and encourage your child to copy. Verbalise your thinking: <i>'First I will begin by slotting all the coins into this bottle'</i> <ul style="list-style-type: none">• Would you like to try? How many coins do you think we could put inside?• What can you see?• How do you think that works?• What will you do first?	

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- Can you hold it like this?

Challenge

Make the activity more complex by introducing more tasks for your child to complete. E.g. Pouring water into cups using a jug without over spilling!

Additional ways to support your child:

Give your child time to explore what you have given them to play with. Demonstrate and explain what you are doing e.g. 'I'm going to pick up a pipe cleaner. I'm going to hold it with my thumb and two fingers – can you see?' I'm going to choose the hole on the colander, which I will thread it through. I'm going to move my hand slowly, because this can be quite tricky'.

Extension:

Give your child other tools to explore, such as a child's knife with soft fruit to cut.