

Individual Activity Lesson Plan

Rising 3's

Date: Tuesday 5th May 2020

Activity Title: Fruit Exploration – The Ant and The Grasshopper

Learning Intention: To build up vocabulary that reflects their breadth of experiences.

Links to EYFS: Communication and language: Speaking

Activity Overview:

Taste and explore different fruits.

Resources:

- Selection of your favourite fruits
- Tray
- Plastic knife
- Chopping board
- Sticky notes/pen (for labels)
- Story in focus: The Ant and The Grasshopper (we will use fruits instead of grains for our activities)

Key vocabulary: Seeds, fruit names, flesh, skin, peel, cut, dice, taste, smell, touch, feel, seeds, shape, texture, similarities, differences, describe, pattern, smooth, soft, hard, juicy, sweet, bite, eat, sour, bland, colour, whole, half, pieces, sound, crunchy, crispy.

ACTIVITY IMPLEMENTATION (including key questions)

Introduction:

- Start by reading or watching today's focus story online (see link on timetable). Pause at key moments, emphasise key vocabulary and ask age appropriate questions.
- Discuss the characters actions and why it is best to prepare for days of need.
- Gather the resources (listed above) and allow your child to explore/discuss what they can see and feel.

Main Activity:

- Gather a selection of fruits and use the photograph to the left as guidance.
- First display the whole fruit on a tray, then chop the fruit in half and take a moment draw your child's attention to what they can see, smell and feel - display it on the tray alongside the whole fruit.
- Next, peel the skin of the fruit and take a moment to look at it – display this again.
- Finally invite your child to chop the sliced fruit – and add it to the tray display.
- Repeat the process with all of the fruit you are using.
- The purpose of the activity is to develop vocabulary, so take this opportunity to ask questions to support your child with exploring colour, texture, smell sight and taste and role-model vocabulary.



*Can you describe the taste? And the texture?

*What does it feel like? Is it hard or soft?

*What can you see inside? Can you see any seeds?

*What colour is the skin? What colour is the fruit inside?

*Does the fruit have a smell?

Individual Activity Lesson Plan

Rising 3's

Challenge:

Discuss fruits that have different skin colour and flesh colour, like watermelon, plum or dragon fruit.

Additional ways to support your child:

Allow your child time to explore the fruits using their senses (touch, smell, feel, sight, and hearing). Observe the fruits and look at the similarities and differences. Discuss the texture of the skin, the shape/colour and the size. Compare the whole fruit with the cut fruit and discuss what they can see and find inside like the seeds. Taste the fruits and have fun!

**Fact did you know strawberries are the only fruits with seeds on the outside.*



Extension:

Challenge your child to close their eyes and taste a selection of fruits. Can they guess which fruit they're eating, just using their sense of smell/taste?

