

Individual Activity Lesson Plan

Date: Thursday 21st May 2020

Activity Title: NHS Rainbow Handprints

Learning Intention: To experiment with colours and marks.

Links to EYFS: Expressive Arts and Design

Resources:

- Hands
- Paint
- Trays to add paint
- Large piece of paper

Activity Overview:

Make rainbow handprints to display in your window, in support of the NHS.

Key vocabulary:

Handprint, rainbow, paint, pattern, colour, print, make.

ACTIVITY IMPLEMENTATION (including key questions)

Introduction:

Introduce the resources to your child and allow them to explore the colours that they will use to make his/her rainbow.

- What is your favourite colour?
- How does the paint feel?

Main Activity:

Explain to your child that they will be making rainbows today using their hands. Ask your child several rainbow questions:

- Have you seen a rainbow before?
- When are you most likely to see a rainbow?
- Can they sing the rainbow song?

Prepare your child for the activity.

- Ask your child if they would like to make a rainbow with their hand print.
- Encourage him/her to choose one colour they want their hand print to be first.
- Ask your child to put their hand out, spreading their fingers out.
- Let him/her dip his/her hand into the colour of their choice.
- Place your child's hand onto the row of their colour choice.
- Repeat with a new colour to resemble the image of a rainbow.
- When dry your child may hang in the window to support the NHS.

Challenge:

Encourage your child to print rainbows in other ways with their hands or a paintbrush independently.



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Additional ways to support your child:
Encourage your child to free paint and explore mixing the different colours together.

Extension:
Use your hands to make Rainbow Fish. Can you add additional features such as eyes and a mouth?
Use your fingers to print bubbles.

