

Activity Lesson Plan

Rising 3's

Date: Monday 11 th May 2020	
Activity Title: Using Cutlery – The Boy Who Cried Wolf	
Learning Intention: <ul style="list-style-type: none"> To show some control when holding and using cutlery. 	Activity Overview: Use playdough and cutlery to develop control when handling tools and equipment.
Links to EYFS: <ul style="list-style-type: none"> Physical Development Expressive art and design 	
Resources: <ul style="list-style-type: none"> Play dough Plastic cutlery knife and fork 	Key vocabulary: Knife, fork, cut, slowly, half, soft, hard.

ACTIVITY IMPLEMENTATION (including key questions)

Introduction:

- Gather/make playdough. Follow the link below to make no cook playdough.
- <https://www.youtube.com/watch?v=oAIam6BF0fs>
- If possible, make soft play dough and make hard play dough (you can put it in the fridge/freezer).
- Then provide your child with a knife and fork. (Allow your child to choose which knife/fork they would like to use.)



Main Activity:

- Explain to your child that they are going to practise using a knife and fork.
 - Model this, by cutting the soft and hard play dough *Don't forget to talk about safety when using a knife and folk. – "Oh this is very soft; oh this is quite tricky because it's very hard".
 - Then invite your child to cut the two different types of play dough. You can also provide them with a butter knife (with constant supervision).
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- I wonder which playdough you will cut first?
 - I wonder if that's easy or hard to cut?
 - Which one was easier to cut?

Other Ideas

<https://www.nhsggc.org.uk/kids/resources/ot-activityinformation-sheets/using-a-knife-and-fork-information-sheet/>

Additional ways to support your child:

- Support your child by putting your hand over theirs, when cutting difficult foods.

Extension:

- During meal time let your child use a butter knife and allow them to explore other foods they can cut.