

Individual Activity Lesson Plan

Date: Thursday 28 th May 2020	
Activity Title: A Lullaby for Baby Bear	
Learning Intention: To build a repertoire of songs.	Activity Overview: To learn a lullaby to help Baby Bear sleep.
Links to EYFS: Expressive arts and design: -Begins to build a repertoire of songs and dances	
Resources: -Link to lullabies - https://www.youtube.com/watch?v=X5voTsX1hWA -Lyrics attached below lesson plan	Key vocabulary: Lullaby, sleep, relax, lyrics, words.
ACTIVITY IMPLEMENTATION (including key questions)	
Introduction: *Watch/recap today's story <i>Peace at Last</i> by Jill Murphy. -Can you remember what baby bear was doing? -Do you think Baby Bear was ready to sleep? Main Activity: - Explain to your child that they are going to learn a song to help Baby Bear sleep. - Traditionally songs to help children sleep are called lullabies. -Do you know what a lullaby is? - Do you know any lullabies? - Follow the link in the resource box to listen to a song. - The song is very short – please repeat as many times as you like. - Use the lyrics attached below the lesson plan and teach your child the song. - Use a call and response method to teach your child the song. You sing a line and ask your child to sing it back to you. - When you have completed the song in this way, sing the song together. - Finally encourage your child sing the song independently. Challenge for Parents: - Teach your child a song that was sung to you when you were a child. - This could be a song before bedtime or a traditional rhyme, a song from your country or in a different language.	
Additional ways to support your child: Try speaking the words first then ask your child to say them back.	Extension: -Can you think of any other ways to help Baby Bear get to sleep? - Make a poster to show Baby Bear your bedtime routine.



Good night sleep tight

The time has come to say goodnight.

To say sleep tight to the morning light

The time has come to say goodnight.

It's the end of a lovely day.

The time has come to say goodnight.

To say sleep tight to the morning light.

The time has come to say goodnight.

It's the end of a lovely day.

We've had so much fun today.

Tomorrows just a dream away.

Now it's time to say goodnight.

At the end of a lovely day.

Goodnight!