

# Individual Activity Lesson Plan

**Date:** Wednesday 13<sup>th</sup> May 2020

**Activity Title:** Rescue the Frozen Vegetables!

**Learning Intention:** Selects familiar objects by name and will go and find objects when asked, or identify objects from a group.

**Activity Overview:**

The children will rescue the vegetables trapped in the ice by the evil pea.

**Links to EYFS:** Communication and Language: Understanding: 16-26 months.

**Resources:**

- Selection of raw vegetables
- Plastic containers, ice tray, sturdy food bags
- Water
- Food colouring (optional)
- Large tub or tray
- Jug of warm water
- Wooden spoons, toy hammer, or similar

**Key vocabulary:**

Frozen, ice, hidden, find, help, rescue, Supertato, evil pea, melt, water, pour, save, carrot, broccoli, sweetcorn, cauliflower, onion, inside.

## ACTIVITY IMPLEMENTATION (including key question)

**Introduction:**

- **IN ADVANCE:** Freeze a selection of vegetables in water in the freezer using the containers or bags. You can add some food colouring to the water to make the activity more colourful.
- Watch or read *Supertato* with your child, and talk about how the evil pea tried to trap Supertato in the freezer. Explain that the pea has trapped some other vegetables in there and Supertato needs your child's help to rescue them.
- Empty the frozen vegetables into a large tub.



**Main Activity:**

- Show your child that the vegetables are stuck inside and offer them a toy hammer, wooden spoon or similar safe item to try and rescue them.
- Demonstrate how warm water can be used to melt the ice and support them in pouring it on to one of the frozen vegetables.
- Use key words and phrases, asking your child to identify some familiar items during their play.
- Encourage your child to explore and experiment with the ice, water and tools!



**Activity review:**

- Talk about how your child chose to rescue the vegetables and what happened during the activity. "Look, all the ice has melted. It melted faster when you poured the warm water onto it." "Well done for rescuing all the vegetables, you kept trying and you could do it!"



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### **Additional ways to support your child:**

Add some cool water to the tub to begin with to encourage your child to engage in the activity. They may be unsure about the ice but Cherry children love water play!

### **Extension:**

Ask your child to take care of the vegetables after their dreadful ordeal by finding a towel to dry them off and a blanket to warm them up. Maybe they're tired and need somewhere to sleep. Think of familiar objects that you can ask your child to find to help out the vegetables.