Individual Activity Lesson Plan



Date: Thursday 7 th May 2020	
Activity Title: Threading cardboard shoes	
Learning Intention: Shows control in holding and using jugs to pour, hammers, books and mark-marking tools. (PD) Links to EYFS: Physical development: Moving and Handling • Shows control in holding and using jugs to pour, hammers, books and mark-marking tools.	Activity Overview: The children will practice their fine motor skills, using string to thread a cardboard shoe.
Equipment: - Cardboard or a piece of card String/a shoe lace/ wool Scissors - Pen - Hole Puncher	Key vocabulary: In, out, over, straight, around, Under, through, thread, hold, push, pull, hole, next to.

ACTIVITY IMPLEMENTATION (including key question)

Introduction:

- *Show your child a pair of shoes with shoe laces.
- *Introduce your child to the resources they are going to be using.
- *Explain to them what they are going to be doing.

Main Activity:

- Make a cardboard shoe like the one shown in the photo. You can do
 this by drawing around your child's foot. You can use a piece of card if
 you do not have cardboard.
- Cut it out.
- Use a whole punch to make 4 wholes either side of the shoe as shown in the photo.
- Thread one end of the shoelace/string/wool through one of the holes and tie a knot in the end so it is
- Demonstrate how to thread the shoelace/string/wool, weaving in and out of the holes.
- Allow your child to independently try to thread the shoe.

Activity review:

*How did this activity go? Did your child find it difficult or easy?

Additional ways to support your child:

- Make the holes bigger to make it easier for your child to thread.
- Another threading activity idea which your child may find easier is



threading cereal such as honey loops onto a single piece of spaghetti, like shown in this photo.

Extension:

- Make the holes smaller to make it more difficult for your child to thread.
- Unlace a shoe and give the shoe and shoe lace to your child. Can they thread a real shoe?

