


# Activity Lesson Plan

## Willow Class

<b>Date:</b> Tuesday 23 <sup>rd</sup> June 2020	
<b>Activity Title:</b> Dance like a Dinosaur	
<b>Learning Intention:</b> To move freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping .	<b>Activity Overview:</b> We are going to be dancing like a dinosaur. Using a combination of large and smaller movements. Helping to support the development of our gross motor skills, balance and co-ordination.
<b>Links to EYFS:</b> Physical Development: Moving & Handling.	<b>Key vocabulary:</b> Bend, stretch, flap, swing run, tiptoe, twist, stomp, crawl, jump, big steps, small steps, roar.
<b>Resource:</b> -A large space -The song The Prehistoric Animal Brigade <a href="https://www.youtube.com/watch?v=bENtOFR66YY">https://www.youtube.com/watch?v=bENtOFR66YY</a> Please be strongly advised that this is a direct YouTube link and it is responsible for any subsequent content. Adverts may still pop up along the bottom of the screen.	
<b>ACTIVITY IMPLEMENTATION (including key questions)</b>	
<p><b>Introduction:</b></p> <ul style="list-style-type: none"> <li>• Explain to your child today we are going to be dancing like a dinosaur.</li> </ul> <p><b>Main Activity:</b></p> <p>Explain you are going to dancing along to The Prehistoric animal brigade. Using your bodies to create large movements like the dinosaurs. For example <b>“Can you stomp like a dinosaur?”</b> or <b>“lets flap your arms like a Pteranodon”</b></p> <ul style="list-style-type: none"> <li>• While singing along to The Prehistoric animal brigade (see link above).</li> <li>• Give them the opportunity to create their own movements. *How do you think a T rex would walk? *Can you show me how your favourite dinosaur can move?</li> <li>• Challenge your child to create their own sequence of movements using the dinosaurs we have seen. *I wonder what dinosaur you will be next. * Can you show me how a t rex stomps? *Can you combine two dinosaur movements and ill guess what they are?</li> </ul> <div style="text-align: right; margin-top: 10px;">  </div> <p><b>Challenge:</b></p> <p>Encourage your child to make their own dance movement pattern for you to follow and guess which movement matches which dinosaur.</p>	
<p style="text-align: center;"><b>Additional ways to support your child:</b></p> <p>Have fun with it and create simple movements for your child to follow. For example flap your arms around like a Pteranodon or tip toe like a Triceratops.</p>	<p style="text-align: center;"><b>Extension:</b></p> <p>Challenge your child to think about how other animals may move. Invite s/he to demonstrate different animal movements. Can you guess the animal?</p>

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STEGOSAURUS



HYPSILOPHODON



TYRANNOSAURUS



DEINONYCHUS



PACHYCEPHALOSAURUS



IGUANODON



ANKYLOSAURUS



PTERANODON



VELOCIRAPTOR



BRACHIOSAURUS



ALLOSAURUS



PLESIOSAURUS



PARASAUROLOPHUS



RHAMPHORHYNCHUS



SPINOSAURUS



TRICERATOPS