

# Individual Activity Lesson Plan

<b>Date:</b> Thursday 4 <sup>th</sup> June 2020	
<b>Activity Title:</b> Make an Under the Sea Sensory Bottle	
<b>Learning Intention:</b> Shows control in holding and using jugs to pour, hammers, books and mark-making tools.	<b>Activity Overview:</b> The children will create their own ocean-themed sensory bottle.
<b>Links to EYFS:</b> Physical Development: Moving and Handling: 22-36 months.	
<b>Resources:</b> <ul style="list-style-type: none"> <li>• Sturdy plastic bottle</li> <li>• Water</li> <li>• Blue food colouring</li> <li>• Baby oil (you could also use vegetable oil)</li> <li>• Small jug</li> <li>• Superglue (to seal the bottle lid - for adult use)</li> <li>• Glitter (optional)</li> <li>• Small pebbles or shells (optional)</li> <li>• Small sea creature toys (optional)</li> <li>• Sand (optional)</li> </ul>	<b>Key vocabulary:</b> Choose, pour, mix, sprinkle, inside, shake, how many, how much, blue, sparkly, water, ocean.
<b>ACTIVITY IMPLEMENTATION (including key question)</b>	
<p><b>Introduction:</b></p> <ul style="list-style-type: none"> <li>• Gather the resources you have available and explain to your child that they will be creating an ‘under the sea’ sensory bottle.</li> </ul> <p><b>Main Activity:</b></p> <ul style="list-style-type: none"> <li>• Ask your child to choose what they would like to put in their sensory bottle and support them in adding the materials.</li> <li>• You could use this opportunity for lots of maths-based language around volume, space and measure. Talk about how much can fit in the bottle. More, less, too much, not enough, full, empty, etc.</li> <li>• Once the activity is complete, seal the bottle by putting superglue around the inside of the lid before putting it on. Leave upright to dry for the amount of time recommended on your glue packaging.</li> </ul> <p><b>Activity review:</b></p> <ul style="list-style-type: none"> <li>• Once the glue is dry, play some calming ocean sounds or music and let your child relax and explore the sensory bottle. Do they like to shake it, tip it one way then the other, watch the glitter move, count the shells/animals?</li> </ul>	
<b>Additional ways to support your child:</b> Try finding a plastic bottle with a wide opening which will make pouring accurately easier. Your child could use a funnel when adding liquids if you have one available.	<b>Extension:</b> Make more sensory bottles with different combinations of resources. Encourage your child to pay attention to the similarities and differences.