

Individual Activity Lesson Plan

Date: Monday 8 th June 2020	
Activity Title: Dinosaur Feet	
Learning Intention: to construct with a purpose in mind.	Activity Overview: use a range of materials to create dinosaur feet.
Links to EYFS: Expressive Arts & Design	
Equipment: -Thick card (an old box is ideal) -Paint -Ribbon -Scissors	Key vocabulary: plan, make, construct, build, join, attach.
ACTIVITY IMPLEMENTATION (including key questions)	
<p><u>Introduction</u></p> <p>*Search BBC nursery rhymes – Dinosaurs. Watch the ‘Dinosaur Stop’ song.</p> <p>*Explain to your child that today they are going to make their own dinosaur feet so that they can stomp like a dinosaur.</p> <p>*Gather the resources listed above.</p> <p><u>Main Activity</u></p> <p>*Show the examples images of the dinosaur feet to your child, so they have an understanding of the activity intention.</p> <p>*Follow the instructions below.</p> <p><u>Instructions:</u></p> <ol style="list-style-type: none"> 1. Cut two large dinosaur feet from card. Paint the feet and leave to dry. 2. Make two holes in each foot, a little bit further apart than the width of your own feet. 3. Thread some ribbon through the holes, knotting underneath and leaving a loop above. The loop should be just big enough to slip your foot in. Thread a longer piece of ribbon through again knotting underneath. This second loop should reach up to your waist. 4. Slip your feet into the small loops and, holding the loops at waist height to help you control the feet, practice your dinosaur stomp! <p><u>Challenge</u></p> <p>*Challenge you stomp to the dinosaur song, wearing your dinosaur feet?</p>	
Additional ways to support your child: If you're are using thick card, your child may require you to cut the feet template out.	Extension: *Challenge your child to see how far they can travel in a minute (or 30 seconds) wearing their dinosaur feet. Try the challenge again, without wearing the dinosaur feet. Which time did you travel the furthest? Why?

