<u>Pirate Boot Camp</u>

Instruction Action

Climb the Rigging	Pretend to climb a rope ladder
Captain's Coming	Salute and shout out "Aye Aye Captain"
Walk the Plank	Walk in a perfect straight line one foot exactly in front of the other with arms outstretched to the sides (children could walk on top of a line of string or masking tape)
Shark Attack	Lie on you back with one arm in the air.
Fire the Cannon	Pretend to light the cannon, shout boom! And jump in the air.
Man over board	Shout splash , lay on your tummy on the floor and pretend to swim
Scrub the Decks	Crouch down and pretend to clean the floor with your hands
Port	Run to left-hand side of the room

Starboard	Run to right-hand side of the room
Pieces of Eight	Run around and pretend to catch a parrot. Flap your arms and shout "pieces of eight".
Stormy Weather	Rock from side to side
"Land Ahoy"	Walk in any direction with both hand's cupped just above your eyebrow's (looking for the land ahead)
Rats on board	Sit on the floor, hugging your knees, raise your feet off the floor. And look scared
Captain's Wife	Perform your best curtsey