

Individual Activity Lesson Plan

Date: Monday 13 th July 2020	
Activity Title: Grace Darling	
Learning Intention: to learn more about an historical woman and paint an interpretation of her.	Activity Overview: learn about the heroine Grace Darling and paint a picture of her.
Links to EYFS: Understanding the World: -Shows interest in different occupations and ways of life Expressive Arts & Design -Creates simple representations of events, people and objects	
Equipment: *Photograph of Grace Darling (attached below lesson plan) *Grace Darling – Story Cards *Painting materials: paints, paintbrush, large paper	Key vocabulary: brave, courageous, scared, frightened, afraid, fearful, worried, Grace Darling, Lighthouse, storm.
ACTIVITY IMPLEMENTATION (including key questions)	
Introduction: *If possible, make the room dark and listen to stormy music. -‘Imagine we are in a boat in the middle of the ocean. The waves are crashing against the sides of the boat and the sea spray is soaking us. Thunder and lightning are flashing overhead.’ -How do you feel? (scared, frightened, nervous, fearful, afraid, worried) *Return the room to normal and explain that today we are going to learn about a girl who felt all of those emotions, but did an incredibly brave thing. *Show children an enlarged photograph of Grace Darling. -Looking at the photograph for clues, what do you think Grace did which made her really brave? *Explain that you are going to share a real story about Grace and what happened to her a long, long time ago.	
Main Activity: Story Telling *Use the story cards to tell the story of Grace Darling and why she is a heroine. (If possible memorize the details and tell the story orally, making it as engaging and suspenseful as possible). You may want to use props to help tell the story (a small lighthouse, fabric to represent the waves, toy boats, small world characters).	
Painting *Explain to your child that you would like them to create a painting of Grace Darling (he/she may wish to use the painting below for inspiration). *Invite your child to gather the resources they require for painting and get started!	
Activity review: *Invite your child to reflect and think about a time in their life when they had to be brave like Grace.	
Additional ways to support your child: If your child finds challenging to follow a story without pictures, ensure you use props or picture prompts as you are telling the story.	Extension: Challenge your child to write a letter to Grace Darling to thank her for what she did and tell her how brave she was. (You may want to write the letter, as your



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	child dictates his/her ideas).
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