

# Individual Activity Lesson Plan

**Date:** Thursday 9<sup>th</sup> July 2020

**Activity Title:** X-Ray Art Craft

**Learning Intention:**

- To talk about what is an x-ray and why we need to get one.

**Links to EYFS:**

**Understanding the World:**

- Talks about why things happen and how things work.

**Resources:**

- Storybook *Zog and the Flying Doctors* by Julia Donaldson (if don't have the book, use the following video link:  
<https://www.youtube.com/watch?v=BIVtqfQCGsY>
- Video link about types of doctors and doctor check-up for kids:  
<https://www.youtube.com/watch?v=bwx2Z69S0YA>
- X-ray explanation video link:  
<https://youtu.be/1BuljeSjYIE>
- Black card paper
- White chalk
- Cotton buds
- PVA glue/glue stick
- X-ray templates

**Activity Overview:**

Your child will make an x-ray of his/her hand by drawing around it and sticking cotton buds to represent his/her bones.

**Key vocabulary:**

X-ray, bones, doctor, radiograph, take care, hurt, break, plaster.

## ACTIVITY IMPLEMENTATION (including key question)

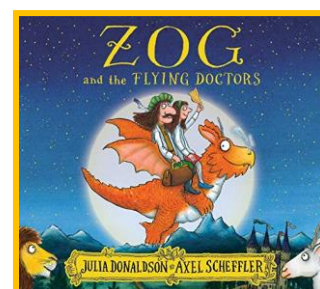
**Introduction:**

- Recap the story of the book of the day *Zog and the Flying Doctors* and discuss together what the story might be about.

\*What do 'Princess Pearl' and 'Gadabout the Great' do?

\*I wonder who the Flying Doctors will tend to?

- Then show your child the following video links about doctors and how x-rays work.
- <https://www.youtube.com/watch?v=bwx2Z69S0YA>
- <https://youtu.be/1BuljeSjYIE>



**Main Activity:**

- Show your child the attached x-ray templates and explain to him/her that s/he is going to make his/her own x-ray craft of his/her hand!
- Give your child the black paper and the white chalk and help him/her to draw around his/her hand. 'How many fingers do you have on one hand?', 'How many fingers do you have in the other hand?' 'How many fingers do you have in total?' 'Are you drawing your right or your left hand?'
- Once your child has drawn around his/her hand, you give him/her the cotton buds and the glue, and you tell him/her to stick the cotton buds to represent his/her bones. 'What can we see on an x-ray?', 'When do we get an x-ray?'



**Challenge:**

- Can your child make an x-ray craft of his/her foot? What about his/her hand?

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### Additional ways to support your child:

Support your child when sticking the cotton buds.  
PVA glue may be easier to use than glue stick.  
Encourage your child to talk about the body parts.

### Extension:

- Show your child how our body looks like from inside and ask him/her to make a 'skeleton' using the resources available.

