Individual Activity Lesson Plan



Date: Monday 6 th July 2020	
Activity Title: Looking After your Teeth!	
Learning Intention: To give meaning to marks as they draw and write.	Activity Overview: Read a letter from a 'dentist' and
Links to EYFS: Literacy: To give meaning to marks as they draw, write and paint.	complete the special task she sets (making a poster about how to look after your teeth).
Resources: *Letter from Dentist – template *Large sheet of paper (stick 2 a4 pieces together) *Pens/pencils/glue *'Tooth Brushing Sequencing Cards' (printed if possible)	Key vocabulary: Dentist, teeth, toothbrush, toothpaste, brush, clean, spit, letter, poster. first, then, next, after that, finally, the last step.

ACTIVITY IMPLEMENTATION (including key questions)

Introduction:

https://www.youtube.com/watch?v=wCio_xVlgQ0

Follow the link above to watch/sing a song about how to clean your teeth.

- Begin by asking if your child knows what they need to do to keep their teeth strong and healthy.
- Encourage your child to talk about their ideas, prompting where necessary with questions such as: 'What do you do in the morning and before you go to bed?' 'What do you drink to help your teeth grow strong and healthy?' 'Who do you visit to check your teeth?'

Main Activity:

- Explain you have received a special letter/email (build the mystery) shall we read it and find out who
 it's from and what they've got to say?
- Read the letter and explain that the dentist would like your child to help to make a poster telling people how to look after their teeth.
- Gather the resources you have available for creating a poster.
- Encourage your child to draw pictures to show how to look after our teeth. Support your child with adding labels to his/her poster.
- Invite your child to cut and stick images from the 'Tooth Brushing Sequencing Cards' on their poster in the correct order.

What do we need to do to look after our teeth?

What does a dentist do?

How do you clean your teeth?

Activity review:

Can you tell me about your poster?

Can you tell me how to brush my teeth?

Additional ways to support your child:

Take the opportunity to go and physically brush your teeth. Encourage your child to slow down and be mindful of each step they are taking in the process. Then work together to sequence the teeth cleaning cards.

Extension:

Use your imagination and pretend you are on Youtube or TV. Create a short advert to model and encourage other children to clean their teeth in the correct sequence.