


Individual Activity Lesson Plan

Date: Thursday 23rd July 2020	
Activity Title: Sun Safety Poster	
Learning Intention: To create a poster.	Activity Overview: discuss sun safety and then create a poster to share your understanding.
Links to EYFS: Literacy: sometimes gives meaning to marks as they draw or paint. Understanding the World: Talks about why things happen and how things work.	
Equipment: *Large piece of paper. *Mark making tools (pens, pencils, crayons, felt tips etc.) *Sun Safety Pictures (optional – they could be cut out and stuck onto a poster – make sure you print 4 per page to shrink them).	Key vocabulary: sun, safety, protect, sunglasses, sun cream, powerful, shade, water, protective clothing.
ACTIVITY IMPLEMENTATION (including key questions)	
Introduction: *Invite your child to look at the picture attached below the lesson plan and use it as a talking point. -What can you see? -What do you notice? -What are the children wearing? Why do you think they are wearing these items? -How do you protect yourself when it's sunny? -Why do we need to protect ourselves from the sun when it's hot? *Explain that today he/she is going to learn more about how to stay safe in the sun.	
	
Main Activity: *Discuss the main ways to stay safe in the sun (you may want to find an age appropriate video to watch about sun safety). -Wear a sun hat -Use sunglasses -Wear protective clothing (i.e. long-sleeved shirt) -Avoid the sun between 11am and 3pm -Use suncream -Drink more water -Stay in the shade *Explain that you would like him/her to create a poster to share what they know/what he/she has learnt. *Invite your child to gather the materials they require. *Encourage your child to draw pictures to represent different ways of staying safe in the sun. If appropriate, challenge your child to write labels/captions.	
Activity Review: *Invite your child to review his/her completed poster. -What do you really like about your poster? -Is there anything you would like to improve and make even better? (if so, give your child the opportunity to add to his/her poster).	

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Additional ways to support your child:

If your child finds drawing specific objects challenging, invite them to concentrate on drawing one element of sun safety and then support them with cutting and sticking images from the template provided.

Extension:

Staying safe in the sun is one way of keeping our bodies safe and healthy. Invite your child to consider other ways in which we look after our bodies (e.g. sleeping well, eating healthy food, exercising).

