

Individual Activity Lesson Plan

Date: 23.07.20	
Activity Title: Sensory bags (food bags)	
Learning Intention: Enjoys filling and emptying containers	Activity Overview: Make a sensory sea creature bag. Use mathematical words such as: full, how much, more, less
Links to EYFS: Mathematics: Shape, space, and measure: 22-36 months	
Resources: Zip top food bags, water/ready made paint, food colouring, hair gel, glitter, sea creatures, smooth gems/smooth pebbles.	Key vocabulary: Full, fill, empty, how much, more, less, squeeze, squish, touch, how does it feel, cold, warm

ACTIVITY IMPLEMENTATION (including key question)

Introduction:

- Look at pictures of under the sea talk about the colours and the creatures who live there
- Use mathematical words such as: - full, empty, more, less, etc

Main Activity:

- Choose what to put in the bag (anything sea related) if you have small sea creatures use these
- Let your child fill a small jug with water, warm or cold
- Once you have all the equipment your child has chosen, let your child start to fill the bag
- Put in the glitter, creatures, smooth pebbles, etc
- Add food colouring to the water “ask what colour the sea is” “how much are you going to put in”
- If your using paint/hair gel (use blue) add this instead
- Help your child fill the bag, only fill the bag $\frac{3}{4}$ full to allow for the objects to move in the water
- While doing this ask your child mathematical words such as “is it full yet” “how much more do you need” “how many sea creatures did you put in” “have you left enough space”
- Seal the bag so that no liquid can escape
- Encourage your child to move the objects around the bag by pushing, squeezing, squishing the bag
- This is a great sensory activity
- Send in a photo of your completed sensory bag to : info@clownsnursery.co.uk



Activity review:

- Use mathematical words such as, full, empty, how many, how much, more.
- once the bag is full and sealed encourage your child to explore different ways to move the objects around in the bags

Additional ways to support your child:

Help them to fill the bag with liquid and help them seal it. Encourage them to explore the bag

Extension:

Let your child fill and empty different size containers with coloured water, this will help them see the different water levels. Use mathematical language, full, more, less, fill, how much.